


Curriculum Vitae

Full Name:	DR REKHA NAITHANI		
Designation:	ASSOCIATE PROFESSOR		
Department:	HOME SCIENCE		
Campus:	BGR CAMPUS, PAURI		
Telephone:	01368222275	Fax:	
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Email	rekhanait@rediffmai.com		
Education Qualification:	Ph. D.(Foods & Nutrition) University of Rajasthan, Jaipur , 2008		
Teaching Experience:	<u> 33 </u> Years	Research Experience:	<u> 22 </u> Years
Research Interest and Fields of Specialization			
<ol style="list-style-type: none"> 1.Foods & Nutrition (Specialization) 2.Community Nutrition 3.Women Health and Nutrition 			
Honours & Awards- NA			
<ol style="list-style-type: none"> 1. 2. 3. 			
Member of Academic Institutions			
<ol style="list-style-type: none"> 1. Expert, BOS & RDC, Kumaon University, Nainital 2.Expert BOS, Sri Dev Suman University, Tehri 3.Member – Academic Council, Sri Dev Suman University, Tehri 4. Expert BOS, Uttarakhand Open University, Haldwani 5. Expert, Uttarakhand Technical Univrsity, Dehradun 6. Subject Expert, Uttarakhand Public Service Commission, Haridwar 7. Subject Expert, MJP Rohilkand University, Bareilly 			
Membership of Scientific Organizations			
<ol style="list-style-type: none"> 1.Life Member- Nutrition Society of India 2.Member of Indian Dietetic Association India 3.Member- Society for Himalayan Action Research and Development 4. Term Membership, IJPE 6. Life Member, Home Science Association of India 			
Research Supervision (No. of Ph.D. Degree Awarded/Submitted/Registered)			
Awarded- 04			
Submitted- NIL			
Registered- 02			
Research Projects/ MoU undertaken			
<ol style="list-style-type: none"> 1. Minor Projects of UGC -'Study of Natural Dyes and Mordants used by the Tribes of Garhwal ,Uttarakhand' (Amount Rs. 2.0 lakh) – COMPLETED 2. Minor Projects of UCOST –'Educating Adolescent Girls and Young Women on Health and Hygiene Issues'' (Amount Rs. 3.0 lakh)- COMPLETED 			
Administrative Experience			
<ol style="list-style-type: none"> 1. Convener- BOS & RDC Home Science, HNB Garhwal University 2. Member - Academic Council , HNB Garhwal University 3. Member – School Board , HNB Garhwal University 4. Member -Anti Ragging Committee, BGR Campus, Pauri 			
Scientific Visits Abroad/ International Collaboration- NA			
<ol style="list-style-type: none"> 1. 2. 3. 			

Conference/Symposium/Workshop Attended during last five years (2014-2019)**International**

1. Presented a research paper entitled "**Food habits and Food Consumption Pattern of Women from Hindu and Muslim Families from Hills of Pauri Garhwal: A Study**" in 2nd International Workshop on Micronutrient and Child health (MCHWS-2014), AIIMS, New Delhi, Nov 3-4th, 2014.

National

1. Presented a research paper entitled "**Effect of Child Marriage on Nutritional Status of Women from Pauri Garhwal**" in 9th Uttarakhand State Science & Technology Congress, at UCOST, Vigyan Dham, Dehradun, Uttarakhand. Feb. 26-28th, 2015.
2. Presented a research paper entitled "**Effect Adolescent Girls Awareness about Health and Hygiene Related Issues in Pauri District of**" in 10th Uttarakhand State Science & Technology Congress, at UCOST, Vigyan Dham, Dehradun, Uttarakhand. Feb. 10-12th, 2016.
3. Presented a research paper entitled "**Nutritional status of Elderly in Pauri City- A Study**" in National Seminar on Vision India: Empowering Youth, Methodist Girl's PG College & Susana Girl's B. Ed. College, Roorkee, Haridwar, March 18-19th, 2016.
4. Presented a research paper entitled "**Nutrition and Dietetics : A Healthy Choice**" in National Conference on Professional Possibilities of Home Science Studies in today's scenario organized by Department of home science, MMPG college of home science, Satikund, Haridwar, Feb 4th 2017.
5. Presented paper entitled "**Nutritional status of college going girls of Pauri, Uttarakhand: A study**" in 11th Science Congress of UCOST organized by Uttarakhand State Council of Science and Technology, Vigyan Dham, Jhajjara, Premnagar, Dehradun, 2-4th March, 2017.
6. Presented paper on "**Novel Foods**" in AMIFOST-2017: National Conference on Food Safety, Nutrition Security and Sustainability organized by Amity Institute of Food Technology, Amity University Campus, Noida, UP on 26th Sept. 2017.
7. Presented paper entitled "**Use of Ayurveda and Yoga for Better Health: A Review**" in 86th Annual Conference of Society of Biological Chemists(SBC-2017) on Emerging Discoveries in Health and Agricultural Sciences organized by School of Life Sciences JNU, New Delhi from 16-19 Nov. 2017.
8. Participated in the National Workshop on Role of Open Educational Resources in Higher Education (ROERHE) organized by Faculty Development Centre, HNB Garhwal University, Srinagar from 15-17th Dec. 2017.
10. Presented paper entitled "**Gender Inequality Continues to be Problem For Indian Women**" in National Seminar on Women Safety in 21 Century: Problems and Challenges organized by CL College Landhora, Roorkee, October 21st, 2018.
11. Presented paper entitled "**Role of Nutraceuticals in Health and Disease: A Review**" in 1st Annual Conference of SHARAD on Recent Advances in Chemical and Nano Sciences organized by Dept. of Chemistry, BGR Campus HNBGU, 29-30th October, 2018.
12. Participated in One Day Workshop on Intellectual Property Rights Organized by UCOST and BGR Campus, HNBGU, Pauri, 26th March, 2019.
13. Presented paper entitled "**A Study of Nutritional Status of Bhotia Tribe**" in National Seminar on The Himalayas: At The Cross-Roads of Environment and Development organized by Dept. of Geography, BGR Campus, HNBGU, Pauri on 26-27th May, 2019.

Conference/Symposium/Workshop Organized during last five years (2014-2019) - NA

1. Chairman/Convener/Organizing Secretary, Title of event, place, date, year
- 2.
- 3.

Publications during last five years (2014-2019)**Journals**

1. Mothers at Work: Effect on Personality Traits of School Going Children, Jyoti Tiwari and

Naithani Rekha, *Samaj Vigyan Shodh Patrika*, Vol.II (Part-I)No XXIII, pp 9-12. March 2014 **ISSN: 0973-7626**

2. Study the Effects of Family Size on Physical Development of Preschool Children of Garhwal, Thakur Chaitali and **Naithani Rekha**, *Shrinkhala: A Multi-disciplinary International Journal*, Vol. II, Issue 12, pp 34-38. August 2015, **ISSN: 2321- 290X, SJIF = 4.106**
3. Study the Effect of Socio-Economic status on Physical Development of Preschool Children of Garhwal , Thakur Chaitali and **Naithani Rekha** , *Remarking: Multi-disciplinary International Journal*, Vol.2, Issue3, pp 66-69. August 2015, **ISSN: 2394-0344, SJIF = 4.473**
4. Healing Herbs in Diabetes, Pathak Ankita and **Naithani Rekha**, *Journal of Mountain Research*. Vol.11, pp73-78. 2016, **ISSN: 0974- 3030**.
5. A Study on Knowledge and Practices Regarding Menstrual Hygiene Among Adolescent Girls in Pauri, Uttarakhand, **Naithani Rekha** , *Journal of Mountain Research*, Vol. 12, , Pp 25-29. 2017 **ISSN- 0974-3030**
6. Women Entrepreneurs of Uttarakhand: Challenges and Solutions- A Review, Naithani Apoorva, Pathak Ankita and **Naithani Rekha**, *Himalayan J of Soc Sci and Humanities*, Vol. 13, Dec. pp 1-6. 2018, **ISSN: 0975-9891**.

Proceedings

1. Title of Paper, All Authors (Surname First), Name of conference, Date & Year

Books

1. Naithani Rekha, *Nutritional Status of Hill Farmer Women*: University Book House, Jaipur, 2011.

Total Number of Research Publications: 18