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**MINUTES OF THE MEETING OF BOARD OF STUDIES IN YOGA 24TH
AUGUST 2013**

Minutes of the proceedings:

A meeting of the Board of Studies in Yoga was held in the Department of Yoga at 11:00A.M. on 24th August 2013 and the following members were present-

1. Prof. R.C.Nautiyal, Dean, faculty of Education H.N.B.G. University.
2. Prof. Iswar Bhardwaj, Dept. of Yoga, Gurukul kangadi University.
3. Prof. Rita Bhalla, Dept. of Yoga, H.P.University, Simla.
4. Prof. Vibha Mukesh, Dept. of Philosophy, H.N.B.G. University.
5. Prof. S.S.Rawat, Dept. of Adult Education, H.N.B.G. University.
6. Dr. G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University.
7. Dr. Chintaharan Betal, Dept. of Yoga, H.N.B.G. University.

R.C. Nautiyal
24/8

Ishwar Bhardwaj
24/8

Rita Bhalla
24/8

Vibha Mukesh
24/08/2013

S.S. Rawat
24/8/13

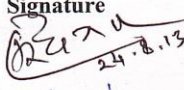
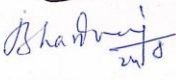




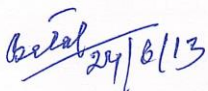
G.S. Thakur
24/8/13

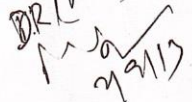
Chintaharan Betal
24/8/13

1. The revised syllabus of M.A. in Yoga and Alternative therapies was accepted and confirmed by the honourable members of BOS meeting. The changes were made in the papers **Y-102** i.e. Fundamental Texts of Yoga, **Y-301** i.e. Statistics and Research Methodology For Yoga and the new nomenclature of this paper has made as Research Methodology in Yogic Science and **Y-408** i.e. Spirituality and Science.
2. The revised syllabus of P.G.Diploma in Yogic Science was accepted and confirmed by the honourable members of BOS meeting. The changes were made in the paper **Y-207** i.e. Spirituality and Science.
3. The syllabus of Certificate Courses were accepted and confirmed by the honourable members of BOS meeting.
4. The syllabus of Yoga Camps were accepted and confirmed by the honourable members of BOS meeting.
5. In keeping in view of the demand of yoga post graduates, the department of Yoga is keenly interested to initiate Ph.D. research programme from the Academic session 2014-15. Therefore, this proposed point was presented at the meeting and after discussion the proposal was approved.

6. The newly prepared syllabus for Ph.D. entrance test and Pre Ph.D. course (course work) were confirmed and accepted.
7. The Ph.D. ordinance and scheme of entrance examination was read and confirmed by the BOS members.
8. The list of examiners to serve as paper setter for P.G.Diploma in Yoga Ist and IInd semester and M.A. in Yoga and Alternative Therapies- Ist, IInd, IIIrd, and IVth semester was presented and approved by the members.
9. The list of Panel of Experts was also approved by the Members
10. The Self-study Course for M.A. in Yoga & Alternative Therapies was read and confirmed by the Members of BOS.
11. It is decided by BOS members that result should be declared as per the Grade System.
12. The approved & vacant Post of Associate Professor in the Dept. of Yoga be converted into the posts of Two Assistant Professors as per the need & work load of the department.

The meeting was concluded with a vote of thanks given by convenor.

Name	Signature
1. Prof. R.C.Nautiyal	 24.8.13
2. Prof. Iswar Bhardwaj	 24/8
3. Prof. Rita Bhalla	 24/8
4. Prof. Vibha Mukesh	 24/08/2013
5. Prof. S.S.Rawat	 24/0/13
6. Dr. G.S.Thakur	 24/8/13
7. Dr. Chintaharan Betal	 24/8/13

DR (Acad) Hon'ble V.C.

 24/8/13
 May kindly approve.

**MINUTES OF THE MEETING OF BOARD OF STUDIES IN YOGA 24TH
MARCH 2015**

A meeting of the Board of Studies in Yoga was held in the Department of Yoga at 11:00A.M. on 24th March 2015 and the following members were present-

1. Prof. R.K. Shrivastav, Dean, faculty of Education H.N.B.G. University.
2. Dr. Indoo Pandey Khanduri, Dept. of Philosophy, H.N.B.G. University.
3. Dr. R.P.S. Negi, Dept. of History & Archaeology, H.N.B.G. University.
4. Dr. G.S. Thakur, In charge, Dept. of Yoga, H.N.B.G. University.

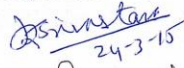
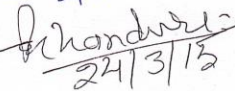


Minutes of the proceedings:

1. As the main focus of the course content is Yoga but not the Naturopathy, hence the department has decided to change the name of the department as "**Department of Yogic Science**" in place of "Department of Naturopathy and Yoga". The proposal was discussed, considered and accepted by the honourable members of meeting.
2. As the main focus of the course content is Yoga and Yoga Therapy, so that the department has decided to change the nomenclature of the M.A. Course as "M.A. in Yogic Science" in place of "M.A. in Yoga and Alternative Therapies". The proposal was discussed, considered and accepted by the honourable members of meeting.
3. Previously, the syllabus of certificate course in yoga was designed only for foreigner. But even a single certificate course has not been conducted so far for foreigners. Therefore, the department has redesigned this course as three months "Certificate Course in Yoga" open for all. The proposal was discussed, considered and accepted by the honourable members of meeting.
4. The department has decided to open the Yoga Camps for All e.g. both for Foreigner & Indian. This was once preserved only for Indian person. The proposal was discussed, considered and accepted by the honourable members of meeting.
5. As per the rule (15.d) of Choice Based Credit System (CBCS), the End Semester Examination will be of 2 hours duration which will carry the 60% of the total marks, so the syllabus of all papers of yoga courses (i.e. P.G. Diploma & M.A.) have been made up of Four Units. The proposal was discussed, considered and accepted by the honourable members of meeting.
6. The whole revised syllabus of all semesters of M.A. in Yogic Science (previously named as M.A. in Yoga & Alternative Therapies) will be presented to the honourable

6. members of the meeting for correction and confirmation. The proposal was discussed, considered and accepted by the honourable members of meeting.
7. In revised syllabus, Self Study Course has been removed from IInd & IVth semester and in IIIrd semester course the paper "Health & Society" is incorporated and all the Electives Papers of inter disciplinary nature i.e. 1. Tourism resources of India, 2. Principles and History of Physical Education, 3. Health and Society, 4. Business Communication, 5. Sports Training Officiating and Coaching, 6. Sociology of Environment were removed and in place of them, the papers related to Yoga are incorporated. They are 1. Yoga and Personality Development, 2. Yoga & Social Transformation, 3. Yoga in Ancient Literature, 4. Yoga & Drug De-addiction, 5. Yoga & Stress Management and 6. Yoga Ethics. The proposal was discussed, considered and accepted by the honourable members of meeting.
8. All the papers of M.A. course have given 3 credits. The proposal was discussed, considered and accepted by the honourable members of meeting.
9. As the choice base credit system is adopted in revised syllabus the codes of all courses have been changed. The proposal was discussed, considered and accepted by the honourable members of meeting.
10. The whole revised syllabus of P.G.Diploma in Yogic Science will be presented to the honourable members of the meeting for discussion, correction and confirmation in which the paper of IInd semester titled "Therapeutic application of Yoga" is removed and in place of it "Yoga & Allied Science-II" is incorporated. The proposal was discussed, considered and accepted by the honourable members of meeting.
11. In revised syllabus of P.G.Diploma in Yogic Science, all the electives papers of inter disciplinary nature i.e. 1. Tourism resources of India, 2. Principles and History of Physical Education, 3. Sociology of Environment was removed and in place of them, the papers related to Yogic themes are incorporated. They are 1. Yoga and Personality Development, 2. Yoga & Social Transformation and 3. Yoga Ethics. The proposal was discussed, considered and accepted by the honourable members of meeting.
12. Certificate course in Yoga will be of three Months Duration. The Department will conduct the both the theory (written) and practical examination. The senior teacher/In-charge/HOD of the department will be Course Coordinator and the University will provide the certificate only to the successes full candidates. The proposal was discussed, considered and accepted by the honourable members of meeting.

13. The course fee (including examination fee) of the Three Months Certificate Course will be Rs. 3000/- excluding lodging & boarding. The proposal was discussed, considered and accepted by the honourable members of meeting.
14. In revised Three Months Certificate Course, Two Theory Papers (in place of One Theory Paper) and One Practical Paper are incorporated. The proposal was discussed, considered and accepted by the honourable members of meeting.
15. The revised Syllabus of Three Months Certificate Course will be presented for discussion, consideration and finalization of its exact covering areas. The proposal was discussed, considered and accepted by the honourable members of meeting.
16. Syllabus of Yoga camps will be read for final confirmation. The proposal was discussed, considered and accepted by the honourable members of meeting.
17. The maximum age of the candidate for the admission in M.A. & P.G. Diploma courses will be 40 years. This was previously 35 years. The proposal was discussed, considered and accepted by the honourable members of meeting.

The meeting was concluded with a vote of thanks given by convenor.

Name	Signature
1. Prof. R.K. Shrivastav, Dean, faculty of Education H.N.B.G. University.	 24-3-15
2. Dr. Indu Pandy Khanduri, Dept. of Philosophy, H.N.B.G. University.	 24/3/15
3. Dr. R.P.S. Negi, Dept. of History & Archaeology, H.N.B.G. University.	
4. Dr. G.S. Thakur, In charge, Dept. of Yoga, H.N.B.G. University.	 24/03/15


18/4

DEPARTMENT OF YOGA, CHAURAS CAMPUS

H.N.B.G.UNIVERSITY

MINUTES OF THE MEETING OF BOARD OF STUDIES IN YOGA 22nd
JANUARY 2016

Minutes of the proceedings:

A meeting of the Board of Studies in Yoga was held in the Department of Yoga at 11:00A.M. on 22nd January 2016 and the following members were present-

1. Prof.Usha Dhulia, Dean, faculty of Education H.N.B.G. University. *Usha Dhulia*
2. Dr. R.P.S.Negi.Dept. of History & Archaeology, H.N.B.G. University. *R.P.S. Negi*
3. Dr. Indu Pandey Khanduri, Dept. of Philosophy, H.N.B.G.University. *Indu Pandey Khanduri*
4. Dr.G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University. *G.S. Thakur*
5. Dr. Chintaharan Betal, Assistant Professor, Dept. of Yoga, H.N.B.G.University *Chintaharan Betal*

1. The list of examiners to serve as paper setter for P.G.Diploma in Yoga and M.A. in Yogic science was presented to the members and after discussion they approved the list.

2. The list of Panel of Experts was presented to the honourable members of the meeting and the approved the list.

3. The list of referred Journals related to Yoga was presented for their kind approval and after discussion they approved the list,

4. In accordance with the notification no educational/703 dated 20/09/2013 the Pre Ph.D. Syllabus in Yogic Science has been approved by the Academic Council of the University. Therefore, in this connection to initiate Ph.D. research work in the department, the name of two Assistant Professors i.e. 1. Dr. Ghanshyam Singh Thakur (DOJ: 27/11/2012) and 2. Dr. Chintaharan Betal (DOJ: 03/12/2012) was presented to the honourable members of the BOS meeting for their recognition as a Guide, as both of them already completed Three Years of their regular service. After mutual discussion all the members of the meeting unanimously approved their name for Ph.D. Guidance

5. The proposal to initiate Ph.D. research work in Yoga from the coming academic session i.e.2016-17 was presented to the Honourable members of the meeting for their kind approval and after discussion all the members gave their approval.

The meeting was concluded with a vote of thanks given by convenor.

Name	Signature
1. Prof.Usha Dhulia Dean, School of Education HNBGU Srinagar Garhwal	<i>Usha Dhulia</i> 22-01-16
2. Dr. R.P.S. Negi (Internal Expert)	<i>R.P.S. Negi</i> 22/01/2016
3. Dr. Indu Pandey Khanduri (Internal Expert)	<i>Indu Pandey Khanduri</i> 22/01/2016
4. Dr.G.S.Thakur Incharge, Dept. of Yoga, H.N.B.G University	<i>G.S.Thakur</i> 22/01/2016
5. Dr. Chintaharan Betal, Assistant Professor, Dept. of Yoga H.N.B.G. University	<i>Betal</i> 22/1/16

Approved as proposed
Dr
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MINUTES OF THE MEETING OF BOARD OF STUDIES IN YOGA

ON 07/04/2017

A meeting of the Board of Studies in Yoga was held in the Department of Yoga at 11:00A.M. on 7th April 2017 and the following members were present-

1. Prof. Usha Dhulia , Dean, faculty of Education H.N.B.G. University. *Usha Dhulia 7/4/17*
2. Dr. Indu Pandey Khanduri, Dept. of Philosophy, H.N.B.G. University. *Indu Khanduri 7/4/17*
3. Dr. R.P.S. Negi, Dept. of History & Archaeology, H.N.B.G. University.
4. Dr. G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University. *G.S. Thakur 7/4/17*
5. Dr. Chintaharan Betal, Dept. of Yoga, H.N.B.G. University. *Betal 7/4/17*

Minutes of the proceedings:

1. The syllabus of Three Years B.Sc. course in Yogic Science which has been prepared by the expert committee of UGC was presented to the honourable members of BOS meeting. The detail discussion was made on every aspect of the syllabus and after their discussion syllabus was confirmed and approved by the BOS members.
2. In accordance with the guidelines of UGC the Department of Yoga presented the matter for changing the nomenclature of Ph.D. course in "Yogic Science" in place of Ph.D. course in "Yoga". This matter was presented to the honourable members of BOS meeting and after their discussion it is accepted and approved.
3. Similarly point no 03 of the meeting agenda was presented for their discussion and consideration and all the members of the committee approved the matter that 12th pass candidate from any discipline will be eligible to take admission in B.Sc. course. Further the obtained marks for the eligibility for admission should be as per university / U.G.C. norms.
4. This B.Sc. Course in Yogic Science will be of three year duration but its maximum duration for completion of the course will be as per university rules. This matter was presented to the members of BOS meeting and after discussion they unanimously confirmed and approved.

334A
9-5-17

5. Point no 05 was discussed and all the members agreed that course fees will be in accordance with the rule of University.
6. The point no 06 was discussed in detail by the members and they approved the aspects i.e. (1) Discipline, (2) Interaction in Class and (3) Presentation of students for Teacher Assessment for the B.Sc. course in Yogic Science.
7. The point no. 07 was discussed and agreed that the Practical examination of B.Sc. course will be evaluated by the within university External examiner along with the Internal Examiner of the Department. But the practical examination of the VI semester will be evaluated by both the External (outside of the University) and Internal Examiners of the Department.

The meeting was concluded with a vote of thanks given by convenor.

Name	Signature
1. Prof. Usha Dhulia, Dean, Faculty of Education H.N.B.G. University.	<i>U. Dhulia</i> 7/4/17 School of Education H.N.B. Central University Pragathi Ghat (Uttarakhand)
2. Dr. Indoo Pandey Khanduri, (Internal Member) Dept. of Philosophy, H.N.B.G. University.	<i>Indoo Pandey Khanduri</i> 7/4/17
3. Dr. R.P.S. Negi, (Internal Member) Dept. of History & Archaeology, H.N.B.G. University.	<i>R.P.S. Negi</i> 7/04/17
4. Dr. G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University.	<i>G.S. Thakur</i> 7/4/17
5. Dr. Chintaharan Betal, (Senior Faculty) Dept. of Yoga, H.N.B.G. University.	<i>Chintaharan Betal</i> 7/4/17

os And
14/7

Ex
Examined.
For approval.
9/5

DEPARTMENT OF YOGA, CHOURAS CAMPUS,
H.N.B.G. UNIVERSITY, SRINAGAR GARHWAL,
UTTARAKHAND

**MINUTES OF THE MEETING OF BOARD OF STUDIES IN YOGA
5TH OCTOBER 2017**

A meeting of the Board of Studies in Yoga was held in the Department of Yoga at 09:00A.M. on 05th October 2017 and the following members were present-

1. Prof. Shashi kiran Pandey , Dean, faculty of Education H.N.B.G. University.
2. Prof. Iswar Bhardwaj, Dept. of Yoga, Gurukul Kangadi University.
3. Dr. Indu Pandy Khanduri, Dept. of Philosophy, H.N.B.G. University.
4. Dr. R.P.S. Negi, Dept. of History & Archaeology, H.N.B.G. University.
5. Dr. G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University.
6. Dr. Chintaharan Betal, Dept. of Yoga, H.N.B.G. University.

Minutes of the proceedings:

1. The candidates seeking admission to pre-Ph.D. course were interviewed by the members of BOS. Depending upon their performance in interview/ presentation along with all other eligibility, the following candidates have been unanimously selected as Ph.D. research scholars under the supervision of Dr. Ghanshyam Singh Thakur and Dr. Chintaharan Betal. The selected candidates are allocated as below:

Sr.No.	Name of Candidate	Category	Name of Supervisor
1	Garima Jaiswal	OBC	Dr. Ghanshyam Singn Thakur
2	Vineet Posti	General	Dr. Chintaharan Betal
Name of Waiting Candidates			
1	Monika Bhainsora	General	
2	Kirti Maurya	OBC	

2. After thoroughly discussion over point no.2, all the members of BOS agreed about the qualification, experience and allocation of post for the appointment of Adjunct faculty in the department of Yoga(Chauras Campus), HNBSGU is as follows:

J. K. Law 7/10/17
al. homdwaj 5/10/17
Betal 5/10/17
S. K.
G. Singh 5/10/17

Sr. No.	Post	Essential Qualifications	Desirable Qualifications	No of Post
1	Yoga Teacher	M.A./M.Sc. in Yoga or M.A./M.Sc from any discipline with Diploma in Yoga from any recognized University/Institution	One Year Experience in Yoga Teaching	02
2	Yoga Instructor	M.A./M.Sc. in Yoga or M.A./M.Sc from any discipline with Diploma in Yoga from any recognized University/Institution	One Year Experience in Yoga Teaching	02
3	Yoga Therapist	M.A./M.Sc. in Yoga or M.A./M.Sc from any discipline with Diploma in Yoga from any recognized University/Institution	One years Experience in Yoga Therapy	01

*Roster will be followed in appointment as per UGC/University rules.

3. The point no. 3 of agenda was thoroughly discussed by the members of BOS. The inter-change of the paper between Core-Paper "Dissertation" and Elective Paper "Spirituality and Science" along-with their inter-change of code was permitted and approved. This change will be effected from session 2017-18.
4. Regarding agenda point no. 4, a removal of Elective Paper "Yoga-Ethics" from the syllabus of MA in Yogic Science IV semester was accepted and in place of it; newly prepared "Essay" paper has been accepted and approved by the members with same subject code. This change will be effected from session 2017-18.
5. Regarding conversion of credits of mentioned practical papers from 03 to 06 in case of MA in Yogic Science and from 04 to 06 in case of PG Diploma in Yogic Science under the point no. 5 of agenda was discussed by the members and finally approved. This change will be effected from session 2017-18.

Bhawani
 Alhomdura
 2/10/17


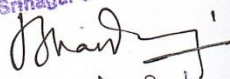
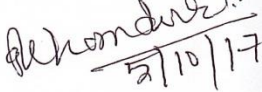


Bal
 2/10/17


G. Singh
 2/10/17

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6. Regarding inclusion of the topics : "Satkarma" and "Pratyahara" and removal of the topic "Dharana" and "Bandh" under the heading of Saptang Yoga of II Paper i.e. Fundamental Texts of Yoga - I of MA in Yogic Science Ist Semester's syllabus was discussed and approved. This change will be effected from session 2017-18.
7. List of the name of paper setters was presented and after discussion it was approved by the members.
8. Point no. 8 of agenda was discussed by the members and unanimously accepted.
9. Point no. 9 of the agenda was discussed by the members and after their discussion, they give their decision that Guest faculty is not eligible for setting question paper and evaluation of answer sheet.

The meeting was concluded with a vote of thanks given by convenor.

Name	Signature
1. Prof. Shashi Kiran Pandey, Dean, Faculty of Education H.N.B.G. University.	 DEAN School of Education H.N.B. Central University Srinagar Garhwal (Uttarakhand)
2. Prof. Iswar Bhardwaj, Dept. of Yoga, Gurukul Kangadi University.	
3. Dr. Indu Pandey Khanduri, Dept. of Philosophy, H.N.B.G. University.	 5/10/17
4. Dr. R.P.S. Negi, Dept. of History & Archaeology, H.N.B.G. University.	Absent
5. Dr. G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University.	 5/10/17
6. Dr. Chintaharan Betal, Dept. of Yoga, H.N.B.G. University.	 5/10/17

Meeting approved.

 31/10/17
 Pro-ve
 H.N.B.G. v.c.

**MINUTES OF THE MEETING OF BOARD OF STUDIES IN YOGA 03rd
FEBRUARY 2018**

A meeting of the Board of Studies in Yoga was held in Birla Campus at 11:00A.M. on 03rd February 2018 and the following members were present-

1. Prof. Shashi Kiran Pandey, Dean, faculty of Education H.N.B.G. University. *SAM 3-2-18*
2. Dr. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University. *Indoo*
3. Dr. R.P.S. Negi, Dept (Internal Expert) of History & Archaeology, H.N.B.G. University. *3/2/18*
4. Dr. G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University. *Gingy 3/2/18*
5. Dr. Chintaharan Betal (senior faculty) Dept. of Yoga, H.N.B.G. University. *Betal 3/2/18*

Minutes of the proceedings:

1. In revised syllabus of B.Sc. in Yogic Science the papers of 50 marks have been changed into 100 marks in all the six semesters of the course in order to bring uniformity with the CBCS Examination system of the University. The paper codes those subjected to change are BSY-AECCT104, BSY-GET105, BSY-CP107, BSY-CP108, BSY-AEECT204, BSY-GET205, BSY-CP207, BSY-CP208, BSY-AECCT304, BSY-GET305, BSY-CP307, BSY-FW308, BSY-AEECT 404, BSY-GET405, BSY-CP407, BSY-CP408, BSY-DSET504, BSY-DSET505, BSY-CP507, BSY-FW508, BSY-DSET604, BSY-DSET605, BSY-CP607, BSY-CP608. This issue presented to the members of BOS and after their discussion they accepted and approved.
2. In revised syllabus of B.Sc. in Yogic Science the syllabus of Communicative English paper (AECCT104) and Environmental Studies (AECCT204) have been change and in place of them common syllabus of the University adopted in order to make uniformity in examination system. This matter was presented to the honourable members of BOS meeting and after their discussion it is accepted and approved.
3. In revised syllabus of B.Sc. in Yogic Science the syllabus of Basics of Sanskritam paper (AECC-3) and Sanskrit (AECC-4) have been modify slightly in IV Unit. This matter was presented to the honourable members of BOS meeting and after their discussion it is accepted and approved.
4. BOS members approved a panel of 10 External experts for the selection committee with the consent of faculty members.

The meeting was concluded with a vote of thanks given by convenor.

Name	Signature
1. Prof. Shashi Kiran Pandey, Dean, Faculty of Education H.N.B.G. University.	<i>S.K.P.</i> <i>3-2-18</i>
2. Dr. Indoo Pandey Khanduri, (Internal Member) Dept. of Philosophy, H.N.B.G. University.	<i>Indoo Pandey</i> <i>3/2/18</i>
3. Dr. R.P.S. Negi, (Internal Member) Dept. of History & Archaeology, H.N.B.G. University.	<i>R.P.S. Negi</i> <i>3/2/18</i>
4. Dr. G.S. Thakur, In charge, Dept. of Yoga, H.N.B.G. University.	<i>G.S. Thakur</i>
5. Dr. Chintaharan Betal, (Senior Faculty) Dept. of Yoga, H.N.B.G. University.	<i>Betal</i> <i>3/2/18</i>

DEPARTMENT OF NATUROPATHY AND YOGA, CHOURAS CAMPUS,

H.N.B. GARHWAL UNIVERSITY, SRINAGAR GARHWAL,

UTTARKHAND

AGENDA AND MINUTES OF THE MEETING OF BOARD OF STUDIES
IN YOGA

05th December 2018

Members of the BOS Meeting:

1. Prof. J.K. Godiyal, Dean, School of Education H.N.B.G. University. *Godiyal 5/12/18*
2. Prof. Ishwar Bhardwaj (External Expert), Dept. of Yoga, Gurukul Kangadi University *Bhardwaj 5/12*
3. Prof. Usha Lohan (External Expert) Dept. of Yoga & Physical Education, Kurukeshtra University, Hariyana.
4. Prof.P.K.Joshi, Dept (Internal Expert) of Education, H.N.B.G. University. *Joshi 5/12/18*
5. Prof. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University. *Indoo Pandey*
6. Dr. G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University. *G.S.Thakur 5/12/18*
7. Dr. Chintaharan Betal (senior faculty) Dept. of Yoga, H.N.B.G. University. *Betal*

A meeting of the Board of Studies in Yoga is scheduled to be held at 11:00 a.m. on 05th December 2018 as per the reference no. Letter/ Academic/2018/80 dated 27/11/2018, in the Chauras Campus of H.N.B.G. University, Srinagar, Garhwal (U.K.). The following points have been decided to be discussed in the meeting with kind permission of all the honourable members of the meeting-

Agenda and Minutes of Meeting

Agenda 01: To present Ph.D. Synopsis by Garima Jaiswal and Vineet Posti before the members of B.O.S. for the approval of their Topics.

Resolution 01: The Ph.D synopsis by Garima Jaiswal on the topic "Effect of Yogic Intervention on Cyclical Mastalgia" under the supervision of Dr. Ghanshyam Singh Thakur and Vineet Posti on the topic "Effect of Yoga Nidra on Adjustment of Under Graduates" under the supervision of Dr. Chintaharan Betal were presented before the Committee. After thorough discussion, suggestions and minor corrections the committee agreed and approved their topics and synopsis.

Agenda 02: To approve the name of publishers and published books by the Faculties of Department of Naturopathy & Yoga

Resolution 02: After discussion, the members of B.O.S. approved the following publishers and published books

Sr.No.	Name of Books	Author Name	Publishers Name	ISBN No.	Year of Publication
1	The changes in Consciousness field through Yoga Practices, Agnihotra Yajna and Navaratri Festival	Dr. Ghanshyam Singh Thakur	Astha Prakashan, Delhi	978-81-925445-7-1	2015
2	Purak Chikitsya Padhattayan: Units: 10,11,12,13,14	Dr. Ghanshyam Singh Thakur	Uttarakhand Open University, Haldwani	978—93-85740-06-0	2016
3	Sharirik Rogon main Vekalpic Chikitsya Units: 16,17,18	Dr. Ghanshyam Singh Thakur	Uttarakhand Open University, Haldwani	978—93-84813-70-3	2016
4	Hatha Yoga ki Bhumika	Dr. Chintaharan Betal	University Publication, New Delhi	978-81-7555-767-3	2017
5	Vastunistha Bahuvikalpiya Prasnouttar main Yoga	Dr. Chintaharan Betal	Kitab Mahal, New Delhi	978-81-225-0664-8	2017

Agenda 03: To approve the Lateral Entry process for P.G. Diploma students in Yoga into the third semester of M.A. in Yoga

Resolution 03: After thoroughly discussion about the various difficulties and inconveniences of the lateral entry system in Yoga, the members of B.O.S. denied and rejected the lateral entry agenda.

Agenda 04: To change the nomenclature of M.A.in Yoga in place of M.A. in Yogic Science from the session 2019-20 and change of nomenclature of P.G. Diploma in Yoga in place of P.G. Diploma in Yogic Science from the session 2019-20.

Resolution 04: The members of B.O.S. discussed in detail about the change of nomenclature of M.A. and P.G. Diploma and they approved that the nomenclature of Master of Yoga will be M.A. in Yoga and P.G. Diploma will be P.G. Diploma in Yoga from the session 2019-20 in place of existing nomenclature M.A. in Yogic Science and P.G. Diploma in Yogic Science respectively.

Agenda 05: To approve the conduction of Internal Examination/Sessional Examination in two phases for M.A. Yogic Science and P.G. Diploma Yogic Science.

Resolution 05: The members of B.O.S. discussed over the agenda no 05 and agreed and approved that Internal/Sessional examination will be conducted in two phases for M.A. Yogic Science and P.G. Diploma Yogic Science as well as B.Sc. Yogic Science from the coming session 2018-19.

Members of the BOS Meeting:

1. Prof. J.K. Godiyal, Dean, School of Education H.N.B.G. University. *Godiyal*
2. Prof. Ishwar Bhardwaj (External Expert), Dept. of Yoga, Gurukul Kangadi University. *Ishwar*
3. Prof. P.K. Joshi, Dept (Internal Expert) of Education, H.N.B.G. University. *Joshi*
4. Prof. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University. *dhandur*
5. Dr. G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University. *G.S.Thakur*
6. Dr. Chintaharan Betal (senior faculty) Dept. of Yoga, H.N.B.G. University. *Betal*



Minutes of BOS meeting approved. 21/12

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24-12-18

DEPARTMENT OF NATUROPATHY AND YOGA, CHOURAS CAMPUS,

H.N.B. GARHWAL UNIVERSITY, SRINAGAR GARHWAL,

UTTARAKHAND

**AGENDA AND MINUTES OF THE MEETING OF BOARD OF STUDIES
IN YOGA**

19th February 2019

Members of the BOS Meeting:

1. Prof. J.K. Godiyal, Dean, School of Education H.N.B.G. University.
2. Prof. Ishwar Bhardwaj (External Expert), Dept. of Yoga, Gurukul Kangadi University.
3. Prof. Usha Lohan (External Expert) Dept. of Yoga & Physical Education, Kurukeshtra University, Hariyana.
4. Prof.P.K.Joshi, Dept (Internal Expert) of Education, H.N.B.G. University.
5. Prof. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University.
6. Dr. Chintaharan Betal, Head, Dept. of Naturopathy and Yoga, H.N.B.G. University
7. Dr. G.S.Thakur, Senior Faculty, Dept. of Naturopathy and Yoga, H.N.B.G. University.

A meeting of the Board of Studies in Yoga is scheduled to be held at 11:00 a.m. on 19th February 2019 as per the reference no. Letter/ Academic/2019/333 dated 15/02/2019, in the Chauras Campus of H.N.B.G. University, Srinagar, Garhwal (U.K.). The following points have been decided to be discussed in the meeting with kind permission of all the honourable members of the meeting-

Agenda and Minutes of Meeting

Agenda 01: With reference to the MHRD letter no F.No. 19-3/2019-CU.Cdn dated 18 January 2019 and with the letter no of HNBGU/DSW/2019 dated 04/02/2019, the department proposed to approve seats of UG and PG courses from the forth coming session i.e. 2019-20.

Resolution 01: After thorough discussions, the members of BOS approved the increased intake for Economically Weaker Section (EWS) of each course which will be effective from the session 2019-20 and 2020-21. The increased seat allotment for EWS in BSc Yogic Science will be 02 in the session 2019-20 and 01 will be in the session 2020-21 therefore total 03 seats are increased.

Dean
School of Education
H.N.B. Garhwal University
Srinagar (Garhwal)

Ishwar Bhardwaj
19/2/19

Usha Lohan
19/2/19
Head
Dept. of Naturopathy & Yoga
H.N.B.G.U. Srinagar Garhwal

Chintaharan Betal
19/2

Similarly in the course of M.A. in Yogic Science total 04 seats are increased for EWS and out of four, 02 seats will be added in the session 2019-20 and another 02 seats will be added in the session 2020-21 and for the course of P.G. Diploma in Yogic Science total 04 seats are increased for EWS and out of four, 02 seats will be added in the session 2019-20 and another 02 seats will be added in the session 2020-21. The detail distribution and increment report displayed in Table 01 and Table 02a, 02b & 02c.

**TABLE: 01
GENERAL DETAILS
OF SEATS AFTER 10 % INCREMENT IN EWS**

SN	Name of Programme	Existing Intake Capacity in 2018-19	10% increase of seats	increase of seats in 2019-20 for EWS	increase of seats in 2020-21 FOR EWS	Total
		A	B	C1	C2	D=C1+C2 [A x 1.25]
01.	UG (B.Sc. in Yogic Science)	30	33	02	01	03
02.	Integrated	NIL	NIL	0	0	0
03.	PG (M.A in Yogic Science)	40	44	02	02	04
04.	PG (P.G. Diploma in Yogic Science)	40	44	02	02	04
05.	PhD	NIL	NIL	0	0	0
	TOTAL	110	121	06	05	011

Dean
School of Education
H.N.B. Garhwal University
Srinagar (Garhwal)

Shankar Singh
19/2/19

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19/2/19
Head
Dept. of Naturopathy & Yoga
H.N.B. G.U., Srinagar Garhwal
Uttarakhand

19/2

TABLE 02a
Category-wise Student strength after the EWS Reservation
For B.Sc. in Yogic Science Course

Category	Total Existing Intake Capacity	Admissions in 2019-20 in EWS	Target by 2020-21 in EWS	Total Seats after 10% increment for EWS
SC	05	Nil	nil	33
ST	02	Nil	nil	
OBC	08	Nil	Nil	
Others	15	01	02	
EWS	Nil	01	02	

TABLE: 2b
Category-wise Student strength after the EWS Reservation
For M.A. in Yogic Science Course

Category	Total Existing Intake Capacity	Admissions in 2019-20 in EWS	Target by 2020-21 in EWS	Total Seats after 10% increment for EWS
SC	06	Nil	Nil	44
ST	03	Nil	Nil	
OBC	11	nil	Nil	
Others	20	02	02	
EWS	Nil	02	02	

TABLE 2c
Category-wise Student strength after the EWS Reservation
For P.G. Diploma. in Yogic Science Course

Category	Total Existing Intake Capacity	Admissions in 2019-20 in EWS	Target by 2020-21 in EWS	Total Seats after 10% increment for EWS
SC	06	Nil	Nil	44
ST	03	Nil	Nil	
OBC	11	nil	Nil	
Others	20	02	02	
EWS	Nil	02	02	

Dean
 School of Education
 H.N.B. Garhwal University
 Srinagar (Garhwal)

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Dept. of Naturopathy & Yoga
 H.N.B.G.U., Srinagar Garhwal

Agenda 02: With reference to the Resolution no 05 of BOS meeting dated 05 December 2018, the Internal Examination was divided into Two Phases (20 marks each). Marks of Internal Exam phase I will be divided into following manner in all P G courses:

05 marks on Attendance (During Presentation Days)	05 marks for Assignment	05 marks on Presentation	05 marks on Viva	TOTAL= 20 Marks
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Another 20 marks of Internal Exam phase II will be distributed on written test.

Similarly for B.Sc. course in Yogic Science out of 20 marks of Internal examination, Phase I of Internal Examination will be of 10 Marks i.e. 05 marks on the basis of presentation and another 05 marks for Viva, and rest of the 10 marks will be distributed for written Internal Examination of phase II.

Resolution 02: After the discussion and minor changes the BOS members accepted and approved agenda 02 and this will be effective from the session 2018-19.

Agenda 03: To approve the name of paper setters/examiners, the list of paper setters/examiners will be presented to the members of BOS.

Resolution 03: The members of B.O.S. discussed over the agenda no 03 and agreed and approved.

Presented Members of the BOS Meeting:

1. Prof. J.K. Godiyal, Dean, School of Education H.N.B.G. University - *No 21/19 19.2.19*
2. Prof. P.K. Joshi, Dept (Internal Expert) of Education, H.N.B.G. University - *19/2/19*
3. Prof. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University. *Khanduri 19/2/19*
4. Dr. Chintaharan Betal , Head , Dept. of Naturopathy and Yoga, H.N.B.G. University *Betal*
5. Dr. G.S.Thakur, Senior Faculty, Dept. of Naturopathy and Yoga, H.N.B.G. University. *G.S.Thakur*

No 21/19
 Dean
 School of Education
 H.N.B.G. University
 Garhwal
 6019
 23/2/19

Khanduri
 19/2/19

G.S.Thakur
 19/2/19
Betal
 19/2/19
 Head
 Dept. of Naturopathy & Yoga
 H.N.B.G.U., Srinagar Garhwal
 Uttarakhand
 Approved
 23.2.2019
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**DEPARTMENT OF NATUROPATHY AND YOGA, CHOURAS CAMPUS,
H.N.B. GARHWAL UNIVERSITY, SRINAGAR GARHWAL,
UTTARKHAND**

AGENDA AND MINUTES OF THE MEETING OF BOARD OF STUDIES IN YOGA

21st May 2019

Members of the BOS Meeting:

1. Prof. J.K. Godiyal, Dean, School of Education H.N.B.G. University.
2. Prof. Ishwar Bhardwaj (External Expert), Dept. of Yoga, Gurukul Kangadi University.
3. Prof. Suresh Barnwal (External Expert) Dept. of Yoga, Dev Sanskriti University, Haridwar.
4. Dr. Kamakhya Kumar, (External Expert, Nominated by Hon'ble V.C. only for this meeting), Uttarakhand Sanskrit University, Haridwar
5. Prof.P.K. Joshi, Dept (Internal Expert) of Education, H.N.B.G. University.
6. Prof. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University.
7. Dr. Chintaharan Betal (H.O.D.) Dept. of Yoga, H.N.B.G. University
8. Dr. G.S. Thakur, Senior Faculty, Dept. of Yoga, H.N.B.G. University.

A meeting of the Board of Studies in Yoga is scheduled to be held at 10:00 a.m. on 21st May 2019 as per the reference no. Letter/ Academic/2019/532 dated 15/05/2019, in the Chauras Campus of H.N.B.G. University, Srinagar, Garhwal (U.K.). The following points have been decided to be discussed in the meeting with the kind permission of all the honourable members of the meeting:


Agenda and Minutes of Meeting

Agenda 01: Progress report of Research Scholars i.e. 1. Garima Jaiswal and 2. Vineet Posti for the duration from 13 Nov 2017 to 12 May 2018, 13 May 2018 to 12 Nov 2018 and 13 Nov 2018 to 12 May 2019 will be presented to the members of BOS for their approval.

Resolution 01: Progress report of Research Scholars i.e. 1. Garima Jaiswal and 2. Vineet Posti for the duration from 13 Nov 2017 to 12 May 2018, 13 May 2018 to 12 Nov 2018 and 13 Nov 2018 to 12 May 2019 were considered and approved by the honourable members of BOS.

(Enclosure 01)

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21-5-19
(Dr. Kamakhya Kumar)

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21/5/19

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21/5/19

Indoo
21-5-19



Agenda 02: Course outcomes, Programme outcomes & Programme Specific outcomes of various courses of Yogic Science i.e. 1. B.Sc. in Yogic Science, 2. P.G.Diploma in Yogic Science and 3. M.A. in Yogic Science will be presented to the members of BOS for their consideration and approval.

Resolution 02: After the discussion and minor corrections, the BOS members accepted and approved agenda 02. (**Enclosure 02**)

Agenda 03: In accordance with the letter no HNBGU/2018-19/210 dated 04/04/2019, the Department of Naturopathy and Yoga has decided to select Ph.D. research scholar through its BOS in accordance with the guidance and rules laid down by the University/UGC in the presence of honourable members of BOS.

Resolution 03: The candidates seeking admission to pre Ph.D. course were interviewed by the members of BOS. Depending upon their performance in interview/presentation along with all other eligibility, the following candidate has been unanimously ^{Recommended for selection} as a Pre- Ph.D. research scholar under the supervision of Dr. Chintaharan Betal:

Sr.No.	Name of the selected Candidate	Category	Name of Supervisor
1	NITESH SHARMA	GENERAL	DR. CHINTAHARAN BETAL

Agenda 04: Syllabus for Teacher Training Course in Yoga (TTC) will be presented to the members of BOS for their consideration and approval.

Resolution 04: After the detailed discussion by the hon,ble members of BOS they suggested that the course should requires supporting documents according to UGC guidelines. If supporting documents is available as per UGC guidelines, then this proposal will go to next BOS for discussion.

Signature of the Members attended the BOS Meeting:

1. Prof. J.K. Godiyal, Dean, School of Education H.N.B.G. University. *Godiyal 21-5-19*
2. Dr. Khamakhya Kumar, (External Expert), Uttarakhand Sanskrit University, Haridwar *Kumar 21.5.19*
3. Prof. P.K. Joshi, (Internal Expert) , Dept. of Education, H.N.B.G. University. *Joshi*
4. Prof. Indoo Pandey Khanduri (Internal Expert), Dept. of Philosophy, H.N.B.G. University. *Khanduri*
5. Dr. Chintaharan Betal, Head, Dept. of Yoga, H.N.B.G. University. *Betal 21/5/19*
6. Dr. G.S.Thakur, Senior Faculty, Dept. of Yoga, H.N.B.G. University. *Thakur 21/5/19*

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Approved
27.6.2019
VC
For approval
21.5.19
Betal
21/5/19
Head
Dept. of Naturopathy & Yoga
H.N.B.G.U., Srinagar Garhwal
Uttarakhand
Godiyal
Dean
School of Education
H.N.B. Garhwal University

**DEPARTMENT OF NATUROPATHY AND YOGA, CHOURAS CAMPUS,
H.N.B. GARHWAL UNIVERSITY, SRINAGAR GARHWAL,
UTTARKHAND**

**AGENDA AND MINUTES OF THE MEETING OF BOARD OF STUDIES
IN YOGA**

30th August 2019

Members of the BOS Meeting:

1. Prof. P.K.Joshi, i/c Dean, School of Education H.N.B.G. University.
2. Prof. Ishwar Bhardwaj (External Expert), Dept. of Yoga, Gurukul Kangadi University, Haridwar
3. Prof. Suresh Lal Barnwal (External Expert) Dept. of Yoga, Dev Sanskriti University, Haridwar.
4. Prof. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University. — *Indoo Pandey Khanduri 30/8/19*
5. Prof.P.K. Joshi, Dept (Internal Expert) of Education, H.N.B.G. University.
6. Dr. Chintaharan Betal (H.O.D.) Dept. of Yoga, H.N.B.G. University *Betal 30/8/19*
7. Dr. G.S. Thakur, Senior Faculty, Dept. of Yoga, H.N.B.G. University. *G.S. Thakur 30/8/19*

A meeting of the Board of Studies was Yoga is scheduled to be held at 10:00 a.m. on 30th August 2019 as per the reference no. RO/2019/396 dated 20/08/2019, in the Chauras Campus of H.N.B.G. University, Srinagar, Garhwal (U.K.). The following points have been discussed in the meeting with the kind permission of all the honourable members of the meeting:

Agenda and Minutes of Meeting

Agenda 01: To modify in BSY-AECCT 304 (Basics of Sanskritam) of III semester and BSY-CT403 (Fundamentals of Biochemistry), BSY-AECCT 404 (Sanskrit) of IV semester syllabus of B.Sc. in Yogic Science.

Resolution 01: After thorough discussions, the members of BOS approved slight modification in BSY-AECCT 404 (Sanskrit) and BSY-CT403 (Fundamentals of Biochemistry) syllabus of B.Sc. in Yogic Science IV semester. However, the member of BOS recommended no change in the BSY-AECCT 304 paper (Basics of Sanskritam) of III semester of B.Sc. in Yogic Science.

Agenda 02: To initiate the course M.Sc. in Yogic Science with 30 seats from the session 2020-21.

Resolution 02: After thorough discussions, the members of BOS recommended for initiation of M.Sc. in Yogic Science course from the session 2020-21 with 30 seats intake.

Agenda 03: To modify the Ph.D. synopsis of Garima Jaiswal and Vineet Posti.

Resolution 03: After thoroughly discussion, the members of BOS approved slight changes in the synopsis "Effect of Yogic Intervention on Cyclical Mastalgia" of Miss Garima Jaiswal. In her previously approved synopsis, the sample size was 80 (N=40 for Control Group and N=40 for Experimental Group) but due to scarcity of sample, the sample size now is minimized to 40 i.e. N=20 for Control Group and N= 20 for Experimental Group. Similarly in the synopsis of Veenet Posti "Effect of Yoga Nidra on Adjustment of Undergraduate Students" sample size was initially approved 80 (N=40 for Control Group and N=40 for Experimental Group) but due to scarcity of sample, the sample size now is minimized to 50 i.e. N=25 for Control Group and N= 25 for Experimental Group.

Agenda 04: As per the mail from Joint Registrar (Academic) dated 27 July 2019 regarding contesting the Municipal Election of the Srinagar Garhwal Uttarakhand by Vineet Posti, Research Scholar of the Department without N.O.C; the matter is placed before the honourable members of B.O.S. for discussion.

Resolution 04: The Department has already informed to the Joint Registrar (Academic) by mail on dated 27 July 2019 that Mr. Vineet Posti was not issued any N.O.C (No Objection Certificate) from the Department of Yoga because Vineet Posti has not applied for it. After discussion, honourable members of BOS stated that in this regards it is resolved that the University administration should be authorised to take the decision as per rules and regulations of the University.

Presented Members of the BOS Meeting:

1. Prof. P.K.Joshi, i/c Dean, School of Education H.N.B.G. University.
2. Prof. Suresh ^{lal} Barnwal (External Expert) Dept. of Yoga, Dev Sanskriti University, Haridwar.
3. Prof. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University.
4. Prof.P.K. Joshi, Dept (Internal Expert) of Education, H.N.B.G. University
5. Dr. Chintaharan Betal (H.O.D.) Dept. of Yoga, H.N.B.G. University
6. Dr. G.S.Thakur, Senior Faculty, Dept. of Yoga, H.N.B.G. University.

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30/8/19

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प्राचार्य समिति के संवर्धित सदस्यों द्वारा
निम्नलिखित निर्णय द्वाारा सन्मोदित है।
आतः अनुमोदनार्थ प्रस्तुत ।

DR(A)

SO (Head)

Resolution which are in compliance with the ordinance may be approved. However, agenda item no. 2 needs to be put up before S.A. by HoD, Dept. of Yoga.

'A' | Agenda item no. 4 needs to be administratively vetted by University administration as this is not related to Academic activities

Registration
Non'ble Vc
16/10/19

Reply Registration to take cognizance of
Agenda item no. 4 as per the Ph-D
ordinance of the university and moot
proposal for administrative action
Chand
15.10.2019

DEPARTMENT OF NATUROPATHY AND YOGA, CHOURAS CAMPUS,

H.N.B. GARHWAL UNIVERSITY, SRINAGAR GARHWAL,

UTTARAKHAND

**AGENDA AND MINUTES OF THE MEETING OF BOARD OF STUDIES
IN YOGA**

26th February 2020

Members of the BOS Meeting:

1. Prof. S.S. Rawat, Dean, School of Education H.N.B.G. University.
2. Prof. Ishwar Bhardwaj (External Expert), Dept. of Yoga, Gurukul Kangadi University, Haridwar
3. Prof. Suresh Lal Barnwal (External Expert) Dept. of Yoga, Dev Sanskriti University, Haridwar.
4. Prof. Arun Bahuguna, (Internal Member) Dept of Adult Education, H.N.B.G. University.
5. Prof. Indoo Pandey Khanduri (Internal Member) Dept. of Philosophy, H.N.B.G. University.
6. Dr. Chintaharan Betal, Head, Dept. of Naturopathy and Yoga, H.N.B.G. University
7. Dr. G.S.Thakur, Senior Faculty, Dept. of Naturopathy and Yoga, H.N.B.G. University.

A meeting of the Board of Studies in Yoga is scheduled to be held at 10:30 a.m. on 26th February 2020 as per the reference no. HNBGU/RO/2020/628 dated 04/02/2020, in the Department of Naturopathy and Yoga, Chauras Campus of H.N.B.G. University, Srinagar, Garhwal (U.K.). The following points have been decided to be discussed in the meeting with kind permission of all the honourable members of the meeting-

Agenda and Minutes of Meeting

Agenda 01: With reference to the letter no HNBGU/RO/2020/628 dated 04/02/2020; Department of Naturopathy and Yoga has decided to select Ph.D. research scholars in accordance with the rules laid down by the university through BOS. Interview/Presentation of the candidates will be done in front of BOS members to select the candidates.

Resolution 01: The candidates were interviewed by the members of BOS and depending upon their all other eligibility. the following candidates have been unanimously selected as Ph.D.

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26/02/2020

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26/02/2020

research scholars under the supervision of Dr. Ghanshyam Singh Thakur and Dr. Chintaharan Betal. The selected candidates are as follows:

Sr.No.	Name of Candidate	Category	Name of Supervisor
1	1.Laxshmikant Nagar (Additional JRF Seat)	OBC	Dr. Chintaharan Betal
2	1. Amit Kashyap 2.Jairam Kushwaha	GENERAL OBC	Dr. Ghanshyam Singh Thakur

Waiting list

Sr.No.	Name of Candidate	Category	Name of Supervisor
1	1.Krishna Dagadi (Additional JRF Seat)	OBC	Dr. Chintaharan Betal
2	1. Vatsala Thapliyal 2.Kuldeep Singh	GENERAL OBC	Dr. Ghanshyam Singh Thakur

Agenda 02: With reference to the letter no academic/2020/49 dated 11/02/2020 and the letter no D.O.No.F.1-1/2018 (Journal/CARE) December 2019 the "Research and Publication Ethics (RPE)" must be added to the Pre Ph.D. course from coming session. In this connection, in accordance with the recommendation of office order no academic/2020/72 dated 14/02/2020 and thereafter the recommendation of Deans of school meeting held on 24/02/2020 the pre Ph.D. course to be restructured accordingly, core paper will be of 07 credits and electives subjects will be of 08 credits. In this regards, the Department of Naturopathy and Yoga has prepared the following structure for core and elective subjects for Pre Ph.D. course work. This agenda will be submitted for consideration of Hon'ble members of BOS.

CORE COURSE

Sub Code	Title of the Paper	Credit	Maximum Marks
SOE-YO-101 C	Research Methodology	04	100
SOE-YO-102 C	A. Research and Publication Ethics (RPE)	02	70
	B. Practical Training in Yogic Science	01	30

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ELECTIVE COURSE (Any Two of the Following)

Sub Code	Title of the Paper	Credit	Maximum Marks
SOE-YO-103 E	Yoga Therapy	04	100
SOE-YO-104 E	Philosophical Foundations of Yoga	04	100
SOE-YO-105 E	Yoga Psychology	04	100
SOE-YO-106 E	Alternative Therapies	04	100

Resolution 02: The restructured syllabus with RPE was presented to the Hon'ble members of BOS for their discussion and consideration. After thoroughly discussion, the members of BOS passed the restructure course along with the content of RPE and it will be implemented from the forth coming session i.e.2019-20 in accordance with the rules of University.

Agenda 03: With reference to the letter no academic/2020/57 dated 12/02/2020 and the letter no D.O.No.F.1-18/2010 (CPP-II) dated 08/08/2018, again with the reference to the letter no academic/2020/93 dated 22/02/2020, the following name of two academician will be presented to the members of BOS for constitution of **Departmental Plagiarism Committee** for their consideration and approval.

- A. Chairperson, HOD, Department of Yoga
- B. One member to be nominated by Hon'ble V.C. (Proposed Name)
 1. Prof. S.K.Gupta, Department of Tourism, HNBGU
 2. Prof. O.K.Belwal, Department of Statistics, HNBGU
- C. Mr.Pawan Singh Bist, Central Library, HNBGU

Resolution 03: The agenda was submitted to the Hon'ble members of BOS for discussion. After discussion, constitution of Departmental Plagiarism Committee was passed and approved by the members of BOS.

[Signature]
26/02/2020

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26/2/2020

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26/02/2020

Agenda 04: Half yearly progress report of two Ph.D. research scholars 1. Miss Garima Jaiswal and 2. Mr. Vineet Posti will be presented to the members of BOS for their consideration and approval.

Resolution 04: The agenda was submitted to the members of BOS for their consideration. After thorough discussions, the members of BOS approved and passed the Half Yearly Ph.D. progress report of 1. Miss Garima Jaiswal and 2. Mr. Vineet Posti.

Agenda 05: In accordance with the recommendation of IQAC, HNBGU, the agenda for formulation of Journal club will be presented to the hon'ble members of BOS. The members of Journal club board (JCB) will be as follows:

Sr. No.	Name of members of JCB	Designation
1	HOD, Deptt. of Naturopathy and Yoga	Director of JCB
2	All existing Supervisors (Total No. 02)	Member of JCB

Resolution 05: After through discussion by the members of BOS, they approved and passed the agenda no 05.

Presented Members of the BOS Meeting:

1. Prof. S.S. Rawat, Dean, School of Education H.N.B.G. University. *SNA 26/2/20*
2. Prof. Suresh Lal Barnwal (External Expert) Dept. of Yoga, Dev Sanskriti University, Haridwar. *SNA 26/02/2020*
3. Prof. Indoo Pandey Khanduri (Internal Member) Dept. of Philosophy, H.N.B.G. University. *Indoo Pandey 26/2/2020*
4. Dr. Chintaharan Betal, Head, Dept. of Naturopathy and Yoga, H.N.B.G. University *Betal*
5. Dr. G.S.Thakur, Senior Faculty, Dept. of Naturopathy and Yoga, H.N.B.G. University. *G.S.Thakur 26/02/2020*

Forwarded to
DR. (Academic)

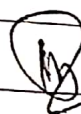
Betal 28/2/20
Head
Dept. of Naturopathy & Yoga
H.N.B.G. University
Haridwar

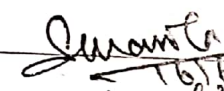
Academic
Head
6/3/20
SNA

D.S.O

पाठ्यक्रम समिति दौग विभाग की बैठक दिनांक - 26.2.2020 में निरु गये निर्णयों में सभी मदा 305 में संलग्न है।

डॉ. माननीया तुलपति जी के अनुमोदनार्थ
प्रेषित



16/6/20


16/6/20
So. (Head)

DRIA

Agenda items no. 2 & 3 needs approval of School Board.

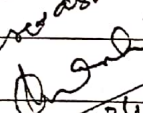
Minutes of BOD are submitted for kind consideration and approval please.


16/6/20

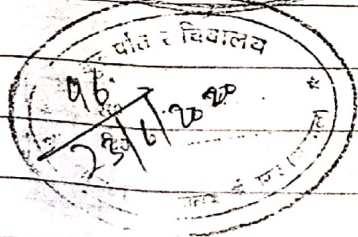
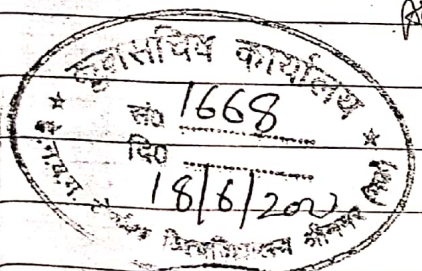
Registrar

Hon'ble VC

Approved as
Representative 'A'


24.6.2020

22.6.2020



2/2020

DEPARTMENT OF NATUROPATHY AND YOGA, CHOURAS CAMPUS,
H.N.B. GARHWAL UNIVERSITY, SRINAGAR GARHWAL,
UTTARAKHAND
AGENDA AND MINUTES OF THE MEETING OF BOARD OF STUDIES IN YOGA
10th August 2020

Members of the BOS Meeting:

1. Prof. S.S. Rawat, Dean, School of Education H.N.B.G. University.
2. Prof. Ishwar Bhardwaj (External Expert), Dept. of Yoga, Gurukul Kangadi University, Haridwar
3. Prof. Suresh ^{lal} Barnwal (External Expert) Dept. of Yoga, Dev Sanskriti University, Haridwar.
4. Prof. Arun Bahuguna, (Internal Member) Dept of Adult Education, H.N.B.G. University.
5. Prof. Indoo Pandey Khanduri (Internal Member) Dept. of Philosophy, H.N.B.G. University.
6. Dr. Anuja Rawat, Head, Dept. of Naturopathy and Yoga, H.N.B.G. University
7. Dr. G.S. Thakur, Senior Faculty, Dept. of Naturopathy and Yoga, H.N.B.G. University.

A meeting of the Board of Studies in Yoga was scheduled to be held at 11.00 a.m. on 10th August 2020 as per the letter reference no. Academic/2020/294 dated 07/08//2020, in the Department of Naturopathy and Yoga, Chauras Campus of H.N.B.G. University, Srinagar, Garhwal (U.K.). The following points have been decided to be discussed in the meeting with kind permission of all the Honourable Members of the meeting-

Agenda and Minutes of Meeting

Agenda 01: The synopsis for Ph.D. research work will be presented by Archana Bhatt, research scholar, of the Department to the Honourable members of BOS for their kind discussion and approval.

Resolution 01: The synopsis was presented by **Archana Bhatt**, Research Scholar of the Department and after discussion the following changes have been made:

1. The previously topic was "Effect of Integrated Yoga Practice in Enhancement of Spiritual Intelligence" but after minor correction topic has accepted as "Effect of Yoga Practices in Enhancement of Spiritual Intelligence"
2. Previously sample size was 50 (25 experimental and 25 Control) but after discussion sample size has increased to 60 (30 Experimental & 30 Control).

Am
Dehandu
10/8/20
G. Singh

Am

S.S. Rawat
Dean
School of Education
H.N.B. Garhwal University
Chauras (Garhwal)

Thus the synopsis presented by **Archana Bhatt** has been approved and passed by the Honourable Members of BOS under the Guidance & Supervision of **Dr. Chintaharan Betal**, Assistant Professor, Department of Naturopathy and Yoga, HNBGU.

Agenda 02: With reference to the note sheet dated 31/07/2020, the agenda regarding **Mr. Vineet Posti**, Research Scholar of the Department will be presented to the honourable members of BOS for their discussion and decision.

Resolution 02: In order to discuss about the issue of **Vineet Posti**, the Supervisor and Head of Department issued the letter on dated 04/08/2020 for providing clarifications from his side (Letter Enclosed). In this connection **Vineet Posti** has submitted his clarifications on dated 08/08/2020 (Letter Enclosed).

The Chairman of the BOS has read the file of **Vineet Posti** in detailed in front of all the Honourable members of BOS. He discussed categorically about Ph.D. ordinance of the University, Suggestions given by legal adviser, letter from Srinagar municipality, Rules of Lyngdoh committee along with the points given by **Vineet Posti's** letter of clarifications.

After a long discussion the honourable members of BOS have concluded the following points.

1. **Mr. Vineet Posti** has completed his Ph.D. Field work & Library work before contesting election in the month of June 2019 and thereafter only typing and corrections work was remain to be completed of his thesis and now he has completed his thesis writing work entirely and submitted to the members of BOS through Supervisor.
2. With reference to the letter received from municipality (submitted by **Vineet Posti**), it has been cleared that **Vineet Posti** is not getting any financial benefits (remuneration/salary) from municipality and as a member of municipality he is doing social service only. As the electoral board of municipality had not demanded the NOC (No objection certificate), so **Mr. Vineet Posti** has not collected NOC from the University administration.
3. **Mr. Vineet Posti's** attendance in the department was remained satisfactory during the whole duration of his Ph.D. research work and he also submitted his progress reports of Ph.D. research work from time to time through BOS.
4. Regarding the decision of legal advisor, the honourable members have reached to the conclusion that Lyngdoh committee is related to the student's union election.
5. Ph.D. ordinance of the university has not mentioned any rules about the participation in election of Ph.D. research scholar.

6. Keeping in view the issue of **Vineet Posti**, the Honourable members of BOS suggested that the University should edit the Ph.D. ordinance for inclusion of the rule that ~~and~~ research

Archana Bhatt
31/07/2020

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scholar should not be participated/contested in any election during pursuing his/her Ph.D. research work.

Therefore, in view of the above situations, the candidate **Mr.Vineet Posti** is being permitted to work with his research work.





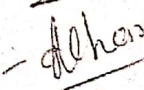
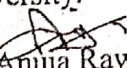
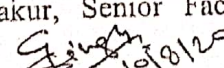
✓ **Agenda 03:** The agenda for initiation of M.Sc. course in Yogic Science from the session 2020-21 will be presented to the honourable members of BOS for their discussion and consideration.

Resolution 03: After detailed discussion, it has been decided that the initiation of M.Sc. course from the coming session i.e. 2020-21 is not possible because:

1. The proposal has already been sent to the U.G.C. for final approval but till the date the university and the Department have not yet been received any response from UGC, in this regard.
2. Even this course is not included in the University's approved prospectus for the current session i.e., 2020-21.
3. As the syllabus of M.Sc. in Yogic Science is not as per New Education Policy so the syllabus should be modified if UGC approved the course.

Therefore, the Honourable Members have decided that only after receiving the final approval from U.G.C., the course of M.Sc. in Yogic Science will be initiated.

Presented Members of the BOS Meeting:

1. Prof. S.S. Rawat, Dean, School of Education H.N.B.G. University.  10/8/20
2. Prof. Ishwar Bhardwaj (External Member), Dept. of Yoga, Gurukul Kangadi University, Haridwar 
3. Prof. Suresh Barnwal (External Member) Dept. of Yoga, Dev Sanskriti University, Haridwar. 
4. Prof. Arun Bahuguna, (Internal Member) Dept of Adult Education, H.N.B.G. University. 
5. Prof. Indoo Pandey Khanduri (Internal Member) Dept. of Philosophy, H.N.B.G. University. 
6. Dr. Anuja Rawat, Head, Dept. of Naturopathy and Yoga, H.N.B.G. University 
7. Dr. G.S. Thakur, Senior Faculty, Dept. of Naturopathy and Yoga, H.N.B.G. University. 

Date → 08/08/2020

सेवा में,

विभागाध्यक्षा एवं शोध निर्देशक
प्राकृतिक चिकित्सा एवं योग विभाग।
हे०न०ब०केन्द्रीय गढ़वाल विश्वविद्यालय।

विषय- विभाग द्वारा प्राप्त पत्र दिनांक 4/08/2020 के सम्बन्ध में।

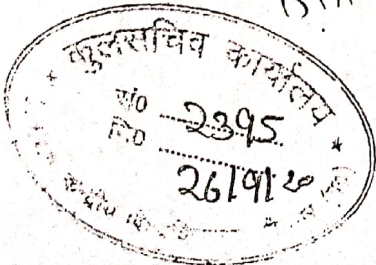
महोदय / महोदया ,

सविनय निवेदन है कि मुझे विभाग द्वारा प्राप्त पत्र दिनांक 4/08/2020 के परिपेक्ष में मेरा स्पष्टीकरण निम्न प्रकार से है -

- (1)- विश्वविद्यालय की शोध नियमावली में ऐसा कोई प्रावधान नहीं है कि कोई विद्यार्थी शोध करते हुए चुनाव में प्रतिभाग नहीं कर सकता।
- (2)- नगरपालिका सदस्य का पद लाभ का पद नहीं है , अपितु जन- सेवा का कार्य है, साथ ही विश्वविद्यालय भी जन सेवा के कार्यों की विद्यार्थियों से अपेक्षा रखता है।
- (3) - नगरपालिका नामांकन पत्र भरते समय स्थानीय निकाय / प्रशासन द्वारा अनापत्ति प्रमाण पत्र की माँग नहीं की गई है , इसलिए मेरे द्वारा विश्वविद्यालय से अनापत्ति प्रमाण पत्र नहीं लिया गया था।
- (4) - नवम्बर 2017 से जून 2019 तक मेरे द्वारा Field work व Library work का कार्य पूर्ण कर दिया गया था, साथ ही नगर पालिका सदस्य बनने के पश्चात मात्र संशोधन एवं टंकन कार्य विभाग / निवास से पूर्ण किया गया ।
- (5)- शोध कार्य में मेरी उपस्थिति , Progress report संतोषजनक रही है।
- (6)- वर्तमान में मेरे द्वारा मेरे शोध प्रबन्ध का कार्य पूर्ण कर लिया गया है , जो आपके समक्ष प्रस्तुत है।

उक्त तथ्यों एवं मेरे पूर्ण हो चुके शोध कार्य को दृष्टिगत रखते हुए , मेरे शोध- पंजीकरण को निरस्त न करने की कृपा करें, तथा मुझे मेरा शोध प्रबन्ध जमा करवाने की आज्ञा दें।

Sh. Sandeep Ti.
15/8/20



प्रार्थी
विनीत पोस्ती 08/08/2020
शोध - छात्र

प्राकृतिक चिकित्सा एवं योग विभाग

Date: 04/8/2020

To,

Shri Veenit Posti
Research Scholar
Dept. of Naturopathy & Yoga
H.N.B. Garhwal University
Srinagar Garhwal
(U.K.)

Sub: Regarding submission of clarifications.

Dear Veenit Posti,
You are, hereby informed that a
BOS meeting has scheduled on 10th August,
2020 for taking final ~~discussion~~ discussion
about you. You are informed that University
has issued a file against you, as you have
associated with the Srinagar Municipality
election in June, 2019 without NOC.

Therefore, you are advised to
submit your clarifications, if any on
behalf of you before 10th August, 2020.

Thanking you
Sincerely,

Dr. Chintahara

Assist. Prof.

Dept. of Yoga

H.N.B.G.U.

Srinagar

(U.K.)

forwarded

Am
4/8/2020

पञ्चकर्म समिति द्वारा विमान विषय की बैठक दिनांक 10-8-2019 में लिये गये सभी निर्देशों में मद नं 2 की शिफ्ट पोली के शोध प्रकरण को सम्बन्धित है। जिसका निवारण उक्त की शोध प्रणाली से प्रकट हो किया जाना है, मद नं 3 में 103 मडल पुस्तक एवं विषय को लक्ष्य 2020-2021 से प्रारम्भ करने से सम्बन्धित है। पूर्ण की जादय कृपया दिनांक 30-8-2019 की बैठक में सत्र के पश्चात MHRD को प्रस्ताव अनुमोदन हेतु प्रेषित किया गया है। अनुमोदनोपयुक्त ही कार्यवाही की जानी लगभग होगी।
 उक्त मद नं 01 को माननीय कुलपति जी के अनुमोदन हेतु प्रस्तुत।

(14)
 15/9/20

DR (Acad) / Ksh
 24/9/20

Registrar

DR for his comments
 28.9.2020

Case of Sh. Vineet Puri has been sent to our legal adviser. Further action on this can be taken after his opinion.

593
 26-9-2020
 03-10-2020

Other 2 agenda no. 1 & 3 can be approved.

Registrar / Ksh
 11/10/20

Approved & signed
 5.10.2020

DEPARTMENT OF NATUROPATHY AND YOGA, CHOURAS CAMPUS,
H.N.B. GARHWAL UNIVERSITY, SRINAGAR GARHWAL,
UTTARKHAND

AGENDA AND MINUTES OF THE MEETING OF BOARD OF STUDIES IN YOGA

23rd December 2020

Members of the BOS Meeting:

1. Prof.S.S. Rawat, Dean, School of Education H.N.B.G. University.
2. Prof. Ishwar Bhardwaj (External Expert), Dept. of Yoga, Gurukul Kangadi University, Haridwar
3. Prof. Suresh Barnwal (External Expert) Dept. of Yoga, Dev Sanskriti University, Haridwar.
4. Prof. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University.
5. Prof.A.K. Bahuguna, (Internal Expert), Dept of Adult Education, H.N.B.G. University.
6. Dr. Anuja Rawat (H.O.D.) Dept. of Yoga, H.N.B.G. University
7. Dr. G.S. Thakur, Senior Faculty, Dept. of Yoga, H.N.B.G. University.

A meeting of the Board of Studies in Yoga is scheduled to be held at 11:00a.m. on 23rd December 2020 as per the reference no. Acad/2020/463 dated 10/12/2020, in the Deptt. of Yoga, Chauras Campus of H.N.B.G. University, Srinagar, Garhwal (U.K.). The following points have been decided to be discussed in the meeting with the kind permission of all the honourable members of the meeting:

Agenda and Minutes of Meeting

Agenda 01: Approval of Progress Report of three research Scholars namely 1. Garima Jaiswal 2. Vineet Posti and 3. Archana Bhatt.

Resolution 01: After the presentation of progress reports by 1. Garima Jaiswal 2. Vineet Posti and 3. Archana Bhatt, members of BOS discussed on the progress reports and approved the progress reports of all the three research scholars.

[Signature]
23/12/20

Dr Academic
Comments
[Signature]
S.1.2021

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23/12/20

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Khanduri

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23/12/2020

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23/12/2020

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so(Academic)
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11/12/21

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23/12/20

[Signature]
23/12/20

Agenda 02: Approval of Panel of Experts for Ph.D. thesis evaluation.

Resolution 02: After thoroughly discussion, honourable members of BOS commented that as the foreign universities are not pursuing course of Yogic Science at P.G. and Ph.D. level hence experts for Ph.D. evolution is not available at this moment. Hence honourable members of BOS approved the list of experts from national level.

Agenda 03: Approval of Co-Supervisor from other department of H.N.B.G University for Dissertation of M.A. and Ph.D. in Yogic Science programmes.

Resolution 03: After discussion, the honourable members of BOS approved for adoption of Co-supervisor from other departments of H.N.B.G.U for M.A. and Ph.D. in Yogic Science Programme when required.

Agenda 04: Approval as a Ph.D. supervisor of Dr. Anuja Rawat, Associate Professor, Department of Yoga, H.N.B.G University.

Resolution 04: After thoroughly discussion by the members of BOS and going through the all academic records, experience certificate and published research papers of Dr. Anuja Rawat, members of BOS gave their approval as a Ph.D. supervisor in Yoga.

Additional Agenda

Agenda 05: Pre Submission presentation of Ph.D. thesis by Vineet Posti.

Resolution 04: During presentation of Ph.D. thesis by Vineet Posti, he was asked several questions by the members of BOS. After discussion, his Ph.D. thesis was approved by the honourable members of BOS for final submission.

Presented Members of the BOS Meeting:

1. Prof.S.S. Rawat, Dean, School of Education H.N.B.G. University.
2. Prof. Ishwar Bhardwaj (External Expert), Dept. of Yoga, Gurukul Kangadi University, Haridwar
3. Prof. Suresh Barnwal (External Expert) Dept. of Yoga, Dev Sanskriti University, Haridwar.
4. Prof. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University.
5. Prof.A.K. Bahuguna, (Internal Expert), Dept of Adult Education, H.N.B.G. University.
6. Dr. Anuja Rawat (H.O.D.) Dept. of Yoga, H.N.B.G. University
7. Dr. G.S. Thakur, Senior Faculty, Dept. of Yoga, H.N.B.G. University.
8. Dr. Chintaharan Betal (Supervisor), Dept. of Yoga, H.N.B.G. University.

Shri Sandeep Ji

23/12/2020

23/12/2020

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23/12/2020

978
04/01/21

प्राप्त प्रकृत समिति में प्रस्ताव की कसब दिनांक
23-12-2020 को मंजूर होने के बाद मद सं-
02 को स्कूल बोर्ड में रखा जाना है व शेष मद
२०५ से संस्तुत है

इस प्रकार माननीय कुलपति महोदयों के आभोध-
नाम प्रस्तुत।

07-1-2021 - 11/1/2021

DR

Submitted for kind consideration on
'X' above please.

8/1/21

Registrar for approval AP.
11/01/21

Hon'ble vc

Approved as proposed by way of SB

12.1.2021