

PERSONAL PROFILE

Mr. AZHAR HUSSAIN ANSARI

Designation: **Assistant Professor**

Date of Birth: **26th June 1993**

Marital Status: **Unmarried**

Languages known: **English and Hindi**

Permanent Address: **Oak Grove School Jharipani, Mussoorie
Distt. Dehradun Uttarakhand pin 248179**

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ACADEMIC PROFILE-

- ❖ Ph.D. pursuing from Lakshmbai National Institute of Physical Education, Registration date 20 October 2021.
- ❖ Cleared UGC NET Exam in 2017 Dec, 2018 Dec, 2019 June & Dec.
- ❖ Master in Physical Education (M.P.Ed.) from Birla Campus College, HNB Garhwal University, Srinagar 2019.
- ❖ Bachelor in Physical Education (B.P.Ed.) from Birla Campus College, HNB Garhwal University, Srinagar 2017.
- ❖ B.Com. from DAV (PG) College, Dehradun, HNB Garhwal University, Srinagar 2015.
- ❖ High school (10th) & Intermediate (10+2) from Oak Grove School, Mussoorie, CBSE Board, Mussoorie, Uttarakhand.

PROFESSIONAL PROFILE-

- ❖ Working as an Assistant Professor (Guest Faculty) in the Department of Physical Education H.N.B.G.U Srinagar for 2019.
- ❖ Done the Examination duty for Semester exams in H.N.B.G.U. from December 2019 to January 2020.
- ❖ Worked as a Student Member of the Organizing Committee in the One Week Workshop Cum Training Program at H.N.B.G.U. under the Scheme of P.M.M.M.N.M.T.T. from 2 April to 7 April 2019.
- ❖ Conducted a training program (aerobic, yoga, games, and physical exercises) for NSS Volunteers of Birla Campus Unit H.N.B.G.U. from 22 January to 28 January 2018.
- ❖ Acted as a Cross country Coach of the HNBGU cross country Team for the All-India Interuniversity championship in the year 2022.
- ❖ Acted as a Hockey Coach of the HNBG University Team for the North Zone Interuniversity championship in the year 2022.


- ❖ Acted as a Hockey Coach of the Birla Campus HNBSGU men and Women Team for the intercollegiate championship in the year 2019 and 2022.
- ❖ Acted as an Athletic Coach of the Birla Campus HNBSGU men's Team for the intercollegiate championship in the year 2019 and 2022.
- ❖ Participate in Senior Nationals Hockey in 2013.
- ❖ Gold & Bronze medal in 4*100M Relay & High Jump respectively in the CBSE Cluster Athletics meet in 2010.
- ❖ Participated in CBSE National Athletics meet in 2010.
- ❖ Participated in inter University (North Zone) Hockey Tournament in 2012-13, 2013-14, 2016-17, and 2017-18.
- ❖ Participated in the All-India Richard Carr Inter-School Hockey Tournament in 2011.
- ❖ Gold medallist at Intercollegiate Hockey Tournament in 2012-13, 2013-14, 2014-15, and 2017-18.
- ❖ Gold medal in the pole vault at Intercollegiate Athletics meets in 2012-13.
- ❖ Silver medal in Decathlon at Intercollegiate Athletics meet in 2015-16.
- ❖ Participated in the CBSE Cluster Athletics meet in 2009.
- ❖ Participated in the All-India Tulip Singh Memorial School Hockey Tournament in 2011.
- ❖ Silver & Gold medal in 4*100M Relay at 61st & 63rd Annual District Athletic meets in 2006 & 2008 respectively.

RESEARCH INTEREST & GAME SPECIALISATION-

- **Sports Nutrition**
- **Sports Training**
- **Field Hockey & Track and Field**

RESEARCH PUBLICATIONS-

- Research Paper Published in International Journal of Physical Education, Sports and Health with the paper entitled "Effect of weight training on playing ability of hockey players". Volume 7 Issue 6, ISSN: 2394-1685, Impact Factor (RJIF): 5.38, Certificate No.: 7-6-41, Date: 01-11-2020 DOI-<https://doi.org/10.22271/kheljournal.2020.v7.i6e.1935>
- Research Paper Published in Asian Pacific Journal of Health Sciences with the paper entitled "A Study on Status of Mental Health among Male and Female Senior Secondary Level Students of Uttarakhand State". Volume 9 Issue 4, E-ISSN: 2349-0659, I Publication Date: 30-06-2022 .


(AZHAR HUSSAIN ANSARI)