


Curriculum Vitae

Full Name	Prof. JYOTI TIWARI			
Designation	Professor			
Department	Home Science			
Campus	Srinagar Campus			
Mobile	9412948539			
Email	j.tiwari_7@yahoo.co.in			
Education Qualification		Degree (Year), University		Division
High School		1985 U.P. Board		I Division
B.Sc. Home Science		1989 G.B. Pant University of Agriculture & Technology, Pantnagar		I division
M.Sc. H.Sc (Child Development)		1992 Banasthali Vidyapith (Rajasthan)		I division & Gold Medalist
NET Qualified		1993		
B.Ed.		1993 Kumaon University, Nainital		I division
M.Ed		1995 Kumaon University, Nainital		I division & I position
Ph.D		2003 Kumaon University, Nainital “Study of Minimum Levels of Learning (MLLs) and Personality Traits of Primary School Children from Kumaon Hills in Relation to Socio-familial and Educational Co-ordinates”		
Teaching Experience		Banasthali vidyapith, Raj.	Taught U.G. & P.G. classes for two consecutive sessions	From Aug 93-April 94 and from Sept.94-March 95
Date of Joining in H.N.B.G.U. Srinagar		20.04.1998		
Teaching Experience		25 Years	Research Experience	20 Years

Research Guidance: D. Phil Awarded : 04	Registered: 02 & Guided many dissertations
Research Papers in Journals : 18	
Chapters in Books: 05	
Articles : 07	
Total Number of Publications: 30	
Participation in Seminars & Conferences : 31	
Member of Academic Societies: <ol style="list-style-type: none"> 1. Life Membership of Psycho-linguistic Association of India 2. Life Membership of Indian Journal of Psychometry and Education 	
Research Supervision (No. of Ph.D. Degree Awarded/ Registered)	
<u>No. of Ph.D Awarded -04</u> <ol style="list-style-type: none"> 1. Health & Nutritional Status of Women of Kumaon Hills –Dr. Lata Pande 2. Development of literature for imparting Nutrition Education among Primary School Children of Joshimath block (Chamoli) and its impact evaluation, To Combat Malnutrition – Dr. Prabha Bisht 3. Nutritional Profile of Primary School Children in Chamoli District of Uttarakhand – Dr.Medha 4. Shikshit tatha Ashikshit Mahilaon ki Kishore Balikaon ke Mansik Swasthya avam Samayojan ka Tulnatmak Adhyayan: Bijnor Janpad Ke Sandarbh main- Dr. Surekha Kumari 	
<u>Registered: 02</u> <ol style="list-style-type: none"> 1. Assessment of Knowledge, Attitude and Practices of Menstrual Hygiene among Adolescent Girls of Garhwal Region of Uttarakhand. –Manisha 2. उत्तराखंड के पौड़ी गढ़वाल जिले के युवा विद्यार्थियों के मनोवैज्ञानिक स्वास्थ्य पर इंटरनेट के प्रभावों का अध्ययन- अंजलि यादव 	
<u>Academic and Administrative Responsibilities:</u> <ol style="list-style-type: none"> 1. Convener, Board of studies Home Science H.N.B .Garhwal University (3rd March 2022 till date) 2. Working as Head Home Science Department from 3rd March 2022 till date 3. Hostel Warden from 2007 to 2013 4. Head department of Home Science (Srinagar Campus) from 2005 to Jan 2017 	

<p>5. Head department of Home Science (Srinagar Campus) from 20th Feb 2019 till date</p> <p>6. N.S.S Program Officer 2005-2008</p> <p>7. Co-coordinator of Women Studies Centre</p> <p>8. Member of Proctorial Board from 11-04-2018 to 2021</p> <p>9. Member of Academic Council</p> <p>10. Member of Board of Studies</p> <p>11. Member of Board of Studies in L.M.S. Govt. Post Graduate (Autonomous) College, Rishikesh, Uttarakhand from 2016-17</p> <p>12. Convenor, M.A. Home Science Admission Committee</p> <p>13. Counsellor at IGNOU</p> <p>14. Subject Expert in Uttarakhand Public Service Commission, Haridwar</p> <p>15. Member of selection committee of Guest Faculty</p> <p>16. Subject Expert in Uttarakhand Subordinate Service Selection Commission</p> <p>17. Paper Setter/Examiner of Kumaon University, G.B.Pant University, C.C.S. University Meerut and Uttarakhand Open University, Haldwani</p>
<p><u>Research Publications:</u></p> <ol style="list-style-type: none"> 1. Moral values among adolescents belonging to joint and Nuclear Families” Jyoti Joshi & Leena J. Pooranchand, Journal of Indian Education. Vol.19(4-5) Nov.1993- Jan 1994 NCERT 2. Identity Statuses of Graduate female students in relation to Socio-familial and Educational factors” Jyoti Tiwari & J.K. Joshi, Journal of Psychological Researches 1996 Vol. 40 (1-2) pp 44-47 3. “Effect of Ego Identity Statuses on Religiosity of Graduate female students” Jyoti Tiwari, Journal of Indian Education and Psychology. Vol. 55 (3-4) Oct 1997 to March 1997. 4. “Temperamental differences among adolescents belonging to Joint and Nuclear Families” Jyoti Tiwari, Indian Journal of Psychometry and Education. Jan 1997. Vol. 28 (1) pp 29-34. 5. Religiosity as a correlate of Ego Identity of Adolescents from joint and Nuclear Families” Jyoti Tiwari, Indian Journal of Psychometry and Education. Vol. 29 (1) Jan 1998. 6. “Personality Traits of Visually Handicapped and Sighted Children: A Comparative Study” Tiwari, J. & Sharma, N. Indian Journal of Psychometry

and Education. 40 (1 & 2) 101-104, 2009.

7. **“Impact of Parent Child Relationship on Scholastic Achievement of Adolescents”** Tiwari, J. and Naithani, R. Indian Journal of Psychometry and Education. 42 (1) 23-25, 2011.
8. “Gender differences in personality Traits” Jyoti Tiwari and Prabha Bisht . Prachi Journal of Psycho- Cultural Dimensions. Vol.28 (2) 132-134. Oct 2012.
9. **“Marital Adjustment of Working and Non-Working Women- A Comparative Study”** Tiwari, J. and Bisht, P. Quest – The Journal of UGC-ASC Nainital. 6 (3) 504-508. 2012.
10. **Mothers at Work: Effect on Personality Traits of School Going Children”** Jyoti Tiwari & Rekha Naithani, Samaj Vigyan Shodh Patrika, Vol. 2 (Part-I) No. XXIII Oct. 2013 to March 2014.
11. **“Prevalence of Under-Nutrition among Primary School Children”** Tiwari, J. and Medha. Asian Journal of Home Science. 7 (2) 341-345. 2012.
12. **“Effects of Mother’s Education on Nutritional Status of Primary School Children”** Tiwari, J. Bisht, P. & Medha. Recent Educational & Psychological Researches. 4 (3) 37-39. 2015.
13. **A Study on the Impact of Nutrition Education on the Health and Nutrition Knowledge of Primary School Children of Garhwal Hills.** Prabha Bisht & Jyoti Tiwari, Recent Researches in Social Sciences & Humanities. 02 (03) 28-32. 2015
14. **Gender Differences in the Nutrient Intake of Primary School Children”** Jyoti Tiwari, Prabha Bisht & Medha ,Shrinkhala ek Shodhparak Vaicharik Patrika. Vol.4 (10) June 2017.
15. **A study of association between family size and nutritional status of primary school children of Chamoli district”** Jyoti Tiwari & Medha. Remarking an Analization. Vol.2 (4) July 2017.
16. **Dietary habits of Primary School Children in Chamoli District of Uttarakhand** Jyoti Tiwari & Medha , International Journal of Applied Social Science. Vol.6 (8) August, 2019, pp 2024-2035.
17. **शिक्षित तथा अशिक्षित माताओं की किशोर बालिकाओं के मानसिक स्वास्थ्य का तुलनात्मक अध्ययन: जनपद बिजनौर के सन्दर्भ में,** Surekha Kumari & Jyoti Tiwari, Shrinkhala Ek Shodhparak Vaicharik Patrika, Peer Reviewed Journal, Vol. 7, issue 9 Page No. H 28-H 32, May 2020, ISSN: 2321- 290X

18. शिक्षित तथा अशिक्षित माताओं की किशोर बालिकाओं के समायोजन का तुलनात्मक अध्ययन Surekha Kumari & Jyoti Tiwari, *Remarking An Analisation Peer Reviewed Journal*, Vol. 6, issue 4 Page No. H 1 - H 7, July 2021, ISSN: 2394-0344

Chapters in Books:

1. ***“Social and Economic Empowerment of Women in India”*** Jyoti Tiwari, *Women Empowerment in Garhwal Himalayas: Constraints and Prospects*, Edited by Nautiyal, A. & Bourai, H. Kalpaz Publications. 2009. 51-59
2. ***“The Changing Status and Role of Women in India”*** Jyoti Tiwari in *Decentralised Governance, Regional Development and Women Empowerment* Edited by Nautiyal, A. & Bourai, H. Gyan Publishing House. 2013. 133-142.
3. ***Socio-economic Wellbeing and Mental Health Profile of Rural Hill Women of Uttarakhand, India”*** Lata Pande, Jyoti Tiwari & Chhavi Arya in *“Societies, Social Inequalities and Marginalization”*. Edited by Raghubir Chand, Etienne Nel & Stanko Pelc. Springer. 2017. 41-51
4. ***“Health & Nutritional Status Assessment of Primary School Children of Rural Garhwal Hill in Uttarakhand”*** Prabha Bisht & Jyoti Tiwari in *“Environmental and Health Challenges of Uttarakhand”* edited by Mahesha Nand, Priyanka Maiti and Subhash Chandra. Lambert Academic Publishing, 2017.99-115. ISBN 978-620-2-02641-3.
5. ***Career Opportunities Through Home Science Education Training”*** Anjali Yadav & Jyoti Tiwari in *Home Science As a Vocational Subject: Challenges and Opportunities* edited by Anamika Chauhan & Deepika Dhawan Star Publications Agra June 2022 ISBN: 978-93-81246-60-3

Articles:

1. ***Leaf Protein Cocentrate: A potential micronutrient supplement.*** Agrobios News Letter. Vol.VII,No.8 January 2009.
2. ***Glycemic Index: Useful or Useless?*** Jyoti Tiwari & Prabha Bisht, Agrobios News Letter, Vol VIII No.4 September 2009.
3. ***Understanding Food Labels*** Jyoti Tiwari & Prabha Bisht Agrobios News Letter. Vol IX (5) Oct 2010 pp 56-57.

4. ***Trans Fats: All We need to know***” Prabha Bisht & Jyoti Tiwari . Everyman’s Science. Vol XLVII No. 2 June 12- July 12 pp 100-103
5. ***“Food Composition Tables- The Indian Journey”*** Prabha Bisht & Jyoti Tiwari .Quest, The Journal of UGC-HRDC Nainital Vol.11(3) December 2017.
6. Management & Practices of Menstrual Hygiene among adolescent girls in India, Manisha Rani & Jyoti Tiwari, Innovation: The Research Concept, Peer Reviewed Journal Vol. 5. issue 8 Page No. E 64 – E 69, Oct. 2020, ISSN: 2456 547
7. घटता बाल लिंगअनुपात: एक गंभीर समस्या , Manisha Rani & Jyoti Tiwari ,Scholarly Research Journal of Interdisciplinary Studies,Peer Reviewed Journal Vol. 9, issue 45, 223-232 ,Oct-Dec, 2020, ISSN: 2319-4766

Papers Presented in National Seminars and Conferences:

1. Participated in National Symposium on Role of Home Science in Rural Upliftment organized by Faculty of Home Science, Banasthali Vidyapith From 9-10 Jan 1994.
2. Presented a paper entitled Social Empowerment of Women in National Seminar on Women Empowerment in Garhwal Himalayas: Constraints and Prospects. 19-20 Nov.2007 organized by Deptt. Of Political Science, H.N.B. Garhwal University Srinagar
3. Presented a paper entitled A Study of Association between Personality Traits and Socio-familial and Educational Factors of Primary School Children in 3rd Uttarakhand State Science Congress 2008 at IIT Roorkee.
4. Participated in regional seminar on Intellectual Property and Innovation Management in Knowledge Era organized by UCOST and NRDC at Pauri. On 7th September 2009.
5. Presented a paper Food Laws and Regulations in National Seminar on Nutritional Strategies for Improving Quality of Life organized by Deptt. Of Food & Nutrition, G.B. Pant University of Ag. & Technology, Pantnagar from 11-12 September 2009.
6. Participated in workshop on Landslide in Uttarakhand organized by Deptt. of Geology, H.N.B. Garhwal University, Srinagar from 30th Oct to 2nd Nov. A2009.
7. Participated in National workshop on Potential of Biodiversity Rich Community Conservation areas in Uttarakhand from 24-25 November organized by TERI and Department of Forestry H.N.B.Garhwal University, Srinagar.

8. Presented a paper entitled “The Changing Role of Women in India” in National Seminar on Decentralized Governance, Regional Development and Women Empowerment organized by department of Political Science and Women Studies Centre, H.N.B. Garhwal University Srinagar from 18-20 February 2010.
9. Presented a paper entitled Female Foeticide in India in National Seminar on Gender Dimension in Development Planning on 6th March 2010 organized by Department of Adult Continuing Education & Extension H.N.B. Garhwal University Srinagar.
10. Participated in national workshop on Ecotourism Planning and Promotion in Uttarakhand organized by Centre for Mountain Tourism and Hospitality Studies, H.N.B. Garwal University, Srinagar from 22-23 March 2010.
11. Presented a paper “Tourism in Uttarakhand: Challenges and Opportunities” in National Conference on Science and Technology Applications in Tourism Sector focusing on Uttarakhand Opportunities from 27-28 September 2010 organized by Centre for Mountain Tourism and Hospitality Studies, H.N.B. Garwal University, Srinagar.
12. Presented a paper “Women Education For Advancement and Empowerment” in National Seminar on Women in Higher Education and Women Empowerment organized by S.B.D. Mahila Mahavidyalaya, Dhampur from 23-24 September 2011.
13. Presented a paper “Health and Nutritional Status of Women” in National Seminar on Empowerment of Rural Women in Uttarakhand: Status, Challenges and Solutions from 14-15 October 2011 organized by Department of Political Science, B.S.M. P.G. College, Roorkee, Uttarakhand.
14. Participated in workshop organized by Department of Adult continuing Education & Extension, H.N.B.G.U. Srinagar on Development of Literature on Environment Education from 23 to 25 November 2011.
15. Presented a paper “Empowering Women Through Education” in National Seminar on Mahila Sashaktikaran : Chetna ke Vividh Ayaam at Govt. Degree College, Behat (Saharanpur) U.P. on 11 Feb. 2012
16. Presented a paper entitled “Higher Education in India: Challenges and Prospects” in National Seminar on Critical & Contemporary Issues in Human Resource development on 19th February 2012 at Shivalik Institute of Education. Saharanpur,

U.P.

17. Presented a paper entitled “Role of Women in Agriculture in Uttarakhand” in National Seminar on Growth Imbalances in the Regions of India and Issues of People’s Movements and Participation in Governance, at H.N.B. Garhwal University, Srinagar (March, 17-18, 2012)
18. Presented a paper entitled “Concept of Human Rights and Role of Police Officers in Protection of Human Rights : In Modern Indian Context” in National Seminar on Role of Indian Police & Human Rights at B.S.M. P.G. College, Roorkee (6-7 November, 2012)
19. Presented a paper entitled “Spiritual Intelligence: Meaning & Importance” in National Seminar on Vision India- An Interdisciplinary Approach at M.L.& J.N.K. Girls College, Saharanpur, U.P.(26-27 February, 2013)
20. Presented a paper entitled “The Revival of Water Conservation under MNREGA, What Went Wrong?” in National Seminar on Rural Development Through MNREGA: New Challenges and Solutions at B.S.M.P.G. College Roorkee (04-05 October, 2013)
21. Presented a paper entitled “No Honor in Honor Killing” in National Seminar on Violence against Women: Current Challenges and Future Trends at B.S.M.P.G.College , Roorkee (19-20 December, 2014)
22. Participated in a Conference on Changing Perception of 21st Century Life and its impact on the Studies of Home Science and Commercial Activities organized by Home Science and Commerce Department, M.M.P.G. College Satikund, Kankhal, Haridwar.
23. Presented a paper entitled “Empowering youth through Skill development” in National Seminar on Vision India: Empowering Youth at Methodist Girls P.G. College , Roorkee (18-19 March, 2016)
24. Presented a paper entitled Higher Education in India: Emerging Trends and Challenges” in National Seminar on Role of Open University in Higher Education: Potentials and Prospects at Uttarakhand Open University (14th September 2016)
25. Presented a paper entitled “Empowerment of Women through MGNREGA” In National Seminar on Mgnrega Ke Dwara Gramin Vikas: Nai Chunotiyan aur Samadhan, 17 September 2016 organized by Department of Political Science,

B.S.M.P.G. College , Roorkee.

26. Presented a paper entitled “Marriage System in Tharu Tribe of Uttarakhand” in National Seminar on Tribal Issues and Strategies for Empowerment at B.S.M.P.G. College Roorkee (21-22 October 2016).
27. Presented a Paper entitled “Home Science: Challenges and Prospects” in National Conference on Professional Possibilities of Home Science Studies in Today’s Scenario at M.M.P.G. College , Satikund, Kankhal Haridwar(7th Feb 2017)
28. Participated in the National Workshop on Popularisation of Remote Sensing Based Maps and Geospatial Information organized by Indian Society of Remote Sensing and ISRO on August 11, 2017.
29. Presented a paper entitled Socio-economic determinants of women Health and Nutrition in National Seminar on Women’s Health in India: Issues and Concerns organized by Department of Political Science, B.S.M.P.G. College Roorkee on 23-24 February 2018.
30. Presented a paper entitled “Safety of Women at Workplace” in National Seminar on IkkiSwian Sadi Mai Mahila Suraksha on 21 October 2018, organized by Department of Political Science and Home Science, Chaman Lal College, Landhaura, Roorkee(Haridwar).
31. Presented a paper entitled “Processed Food: Some Facts” in National Conference on Health Hazards of Junk food & Growing Popularity of Linen On 29 January 2019 at M.M.P.G. College , Satikund, Kankhal, Haridwar.

Participation in Orientation Programme & Refresher Courses :

1. Participated in **Orientation Programme** at Academic Staff College, University of Lucknow from Dec 01 2005 to Dec. 28, 2005.
2. Participated in Refresher Course in the Subject **Women Empowerment and Development** (Inter-disciplinary) at U.G.C. Academic Staff College, Kumaon University ,Nainital from 20.05.2008 to 09.06.2008
3. Participated in Refresher Course in the Subject **Research Methodology**(Home Science) at U.G.C.- Academic Staff College, Kumaon University, Nainital from 1st June 2009 to 21st June 2009
4. Participated in Refresher Course in the Subject **Information Technology** at UGC-HRDC Guru Nanak Dev University Amritsar from 23rd June to 13th July 2016.

5. Participated in Faculty Development Program on MOOCS and MOODLE based Learning Management System From 15 June -22 June 2020 organized by Indira Gandhi University, Meerpur, Rewari (Haryana)