


Curriculum Vitae

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| FullName | Dr.(Mrs) RajniNautiyal | |  |
| Designation | AssistantProfessor | | |
| Department | Naturopathy and Yoga, HNBGU | | |
| Campus | Srinagar, Chauras | | |
| Mobile | 9760296588 | | |
| Email | sivansh.nautiyal123@gmail.com | | |
| EducationQualification | Degree | | |
| EducationQualification | <ol style="list-style-type: none"> 1. Ph.D. 2. M.A Yoga 3. M.A Philosophy 4. Diploma in Yoga | | |
| TeachingExperience – 25 Years | <ol style="list-style-type: none"> 1. As a Assistant Professor, Dept. of Yoga HNBGUniversity, Srinagar, Uttarakhand Since 5 March,2020 to till date. 2. As a Instructor, Dept. of Yoga.- HNBG University, Srinagar, Uttarakhand Since 27November,1998 to 4 March,2020 (25Years) | | |
| <u>Induction/Orientation Programme</u> | <ol style="list-style-type: none"> 1. 4 Week Induction/ Orientation Programme, by TLC, Ramanujan College University of Delhi, PMMMNMITT, 11 to 13 March,2021 2. 4 days National Online Judges Orientation Program,28-31 Jan,2021 | | |

Honours&Awards

1. S. Radha Krishnan Award, International Lions Clubs,2020-21
2. Life time Achievement Yoga Award, Arogyam Yoga & Naturopathy Institute, Dehradun, 2020-21
3. Mission Vijay Corona Awarda, Everest Yoga Institue, Ludhiyana,May 2020
4. Aao Hum Sab Yoga Kare, Yoga Dept, KumaunUni, Nanital, May 2020
5. Award of Honour, Tehri District Yoga association, 2016
6. Award of Honour, ShriGhantakaranDevtaRajjatevemVikash Mala-17 -26 Dec,2015
7. Rotary Club Srinagar Garhwal Certificate of Appreciation Awarded (Yoga popular in the city of Srinagar) Date- 23/08/09

1. **Coordinator** : Tehri District Coordinator, International Day of Yoga, 21 June 2020

Co-ordinatour Certificate Course for Foreign/ Camps :

1. One Month Certificate Course/Camps in yoga For Foreign Student –N0 - 08, Year2019 , 2018,2017, 2016, 2015,2014,2013,2012

Projects Grants/ projects ongoing :

- 1- Project - 01, Amount – Rs 5 Lack, Duration – 3 Years, Funding Agency- Hans Foundation, New Delhi , Apply 2021(Waiting for approval)
- 2- Co-ordinator Without Grants‘StopDiabetiesMellitus’forUttarakhand Yoga Survey in Uttarakhand ,2006 to 2009

Member of interview Committee

1. Walking Interview Yoga Instructor Deistic Ayurveda and UnaniChikitsalaya, Paudi Garhwal,2023
2. Walking Interview Yoga Instructor Yoga Dept-SSJ University, Almora,2020
3. Advisory Committee at PatanjaliYogpeeth, Haridwar on June 2,2008 to finalize the curricula, syllabi and Text books to introduce yoga in school for Standards I to XII
4. Walking Interview Yoga Instructor Yoga Dept-Paudi, Tehari Campus, HNBGU, Srinagar
5. Advisory Committee at Yoga Dept, SGRR University, Dehradun
6. Advisory Committee at Yoga Dept, Shohan Singh Jina University, Almora05
7. Advisory Committee at Yoga Dept, Mohanlal Sukhadiya University, Udaipur, Raj, June 01,2005

Member of Board Of Studies:

- 1-Yoga Dept-, HNBGU,Srinagar, 2000 to 2011
- 2-Yoga Dept-, SGRRU, Dehradun, 2018

Invited Prepaid Paper/Evaluation/Practical of yoga Course:

1. Barkatullah University, Bhopal, 2021 to till date

2. SGRR University, Dehradun, 2021 to till date
3. SSJ University, Almora, 2021 to till date
4. Pacific University, Udaipur, 2019 to till date
5. SDS University, Chamba, 2015 to till date
6. Kumow University, Nanital, 2005 to till date
7. Gurukul Kangri University, Haridwar, 2004 to till date
8. Dev Sanskrit University, Haridwar, 2001 to till date
9. HNBGU, Srinagar, 2005 to till date
10. Mohan Lal Sukhadiy University, Udaipur, Raj, 2005 to till date
11. Uttarakhand Sanskrit University, Haridwar, 2009 to till date
12. Morarji Desai National Institute of Yoga, 2019 to till date

Webinar :

Delivered the Lecture : N0 – 20, March 2020 to March 2021

You Tube/ Facebook :

Delivered the Lecture : N0 – 25, March 2020 to March 2021

Lectures delivered:

1. NEP, 2020, DIET, Ratura, Rudraprayag, 2020
- 2- NSS Student Camp by Govt of India, Organized, HNBGU Chauras Campus, 2011
- 3-. The Times of India Group, Noida- 4, Sep-2011
4. Cadence computers Pv. Ltd, New Delhi- 26, June-11
- 5- Sheetal College of Biomedical Science, Rishikesh- 2008-2011
- 6- P.G College Tehri, 15/12/2010, 10/05/2011
- 7- Uttaranchal Ayurvedic college, Dehradun- 2005-2009
- 8- Uttarakhand Sanskrit University, Haridwar, 13 to 15/11/2007

Conference/Seminar - Paper Present/attended:

Conference , Research Paper Present :

1. International Conference - 12
2. National Conference - 05

Seminar

1. International -03
2. National - 07

Co-Organizer :

1-State level Himalaya yoga Olympiad , Nov 10,2015, 2011, 2010

Co-Organizer Seminar

- 1.Organising Secretary of Ist, International Seminar Dept- Yog HNB G University Jan, 31,2015
- 2- Convener of IInd, International Seminar (On line) Dept- Yog HNBGU with Extension Centre, Rishikesh Yog Peeth,23 to 25 June, 2021

Workshop :

1. Lectures delivered: Yoga Training Programme, Extension Centre, HNBGU,2022
2. Resource Person: Gadwal Ki Bhasik Parampara evam Chunotiya,HNBGU2022
3. Resource Person: Taurist Guide,HNBGU2021
4. Participated: National Science Week festival, HNBGU ,2022
5. Resource Person: Yoga Therapy, GurukulMahavidyalaya, Jawalapur, Haridwar,2021
6. Resource Person: DIET, Ratura, Rudraprayag, 2017
7. Resource Person: Yoga Dept, Almora Campus, kumaun University, 2017
8. Research Paper present , IInd, International Research Workshop on SEFOD, Rishikesh,2010
6. As a Participant Workshop on Research Methodology in Yoga , March,6-10/2006 at MDNIY, New Delhi

Organized workshop :

1. Training Programme on Yoga and Holistic Health, PMMMMNMTT, HNBGU, March 2020
2. Yoga on call, Noida , 12,26 June-2011

Co-ordinatour/Organizer Yoga Camp :

- 1- Training Programe in Yoga , IDPL Inter College, Rishikesh,June-July,2022
- 2- Training Programe in Yoga , No -8, Paudi, Srinagar Garhwal, 2020
- 3- Three Days International Webinar On Yoga , 23 to 25 June 2021
- 4- One Month On Line Lecture Series, 21 May to 21 June,2021
- 5- One Week Training Program in Yoga by Rotary Club & Yoga Dept-Aug,2021
- 6- Other Camp - No - 500 , Year 1998 to 2019

Co-ordinatour Yoga Camp for Orthopedics and Diabetic Patient :
Sheetal College Of Biomedical science,Rishikesh- 2006-2010 (University
Sumer holidays

Published Book :

No - 05

Published Research Paper,/Article in Journal ,Sovvenir and Magazines :

Journal :

UGC listed Journal – 04

Peer Reviewed Refereed Journal - 13

Sovvenir : N0 -02

Magazines : No – 03

Official/Judge/Referee:

1. National Judge at National Yogasana Sports Federation, Govt of India ,New
Delhi,Jan,2021

2- As a Referee at National and International Himalaya Yoga Olympiad
Organized by-

Swami Vivekananda yoga AnusandhanaSamsthana, Bangalore,Dec 15 to18
Dec 2009 or 13 to16 Dec 2011

3. As a Referee at Uttarakhand State Himalaya Yoga Olympiad, Organized by-
Yoga Dept-HNBGU.Srinagar-10 Nov2009 or 2 Dec 2011

Associate Institute/ Group :

1. Kaivalyadhama, Lonavla
2. Gurukul Kangri University, Haridwar
3. Vivekananda yoga AnusandhanaSamsthana, Deemed University,
Bangalore
4. Yogi Yoga Centre In China
5. California wow experience Public Company Limited, Bangkok

Member of Seminar

1. Member of Ist, International Seminar Dept- Yog HNB G University,
Jan, 31/15

Memberships of Scientific and Professional bodies :

1. Member – Namami Gange Prakoshth UMANG, HNBGU, 2022 to till
Date
2. Member of Indian yoga Federation Official Technical committee and
Refries/Judge Board,2006,Regn no-68
Member of Kaivalaydham,lonavala,1/01/07
3. Counseling of Yoga Course in Yoga Depart- HNBG Uni- Srinagar,
from- 2000
to till date.

4. Member of HN BG University Permanent Women Cell Committee
March,
29,2003
5. Member of HN BG University ling Dhou Committee August
18,2007
6. Student Association Election ,HN BGU, Vot Counting,2010-2011
7. Student Association Election, HN BGU, 2000 – 2010
8. Indian Society of Sports Scientist
9. Coach of Inter Collegiate Championship of Yoga, HN B G University
2000 to till date
10. Inter Collegiate Cultural Program Championship, HN BG University
4-8 March,2010

Date : 03 /02 /2022

Place : Srinagar

Dr.(Mrs) Rajni Nautiyal