

Unnat Bharat Abhiyan

Hemvati Nandan Bahuguna Garhwal University (A Central University),
Srinagar Garhwal, Uttarakhand

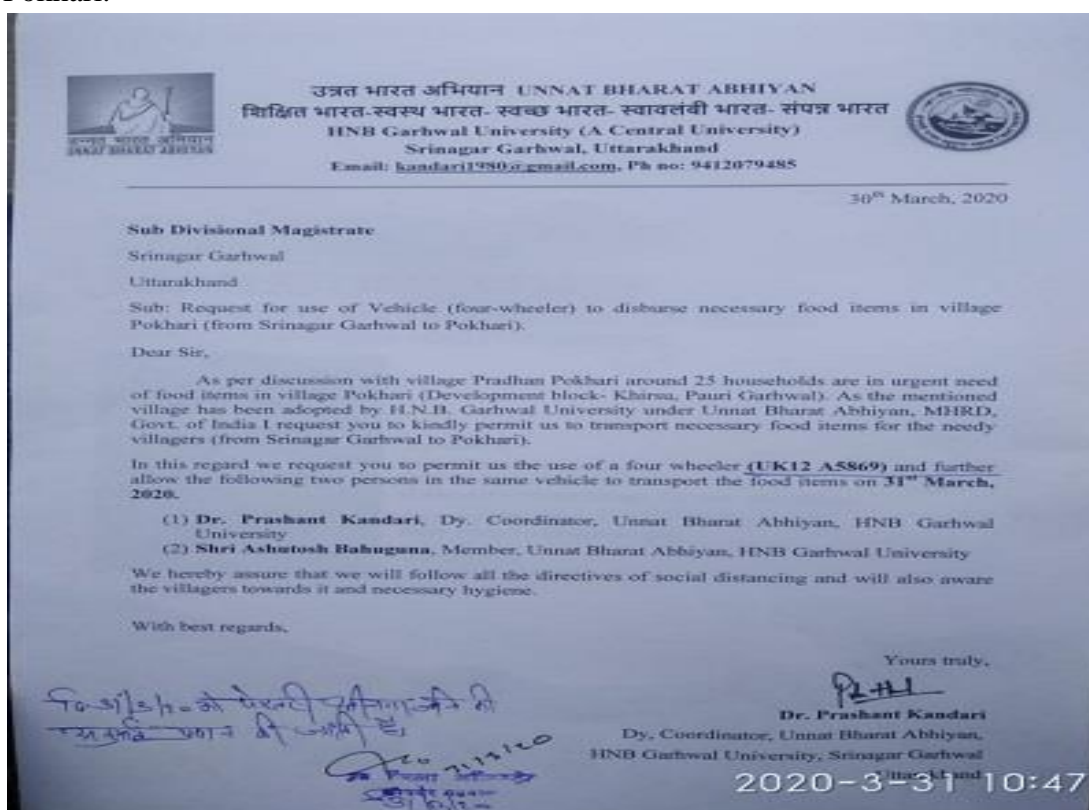
I. List of activities carried out in the crisis hour of COVID19 by UBA cell

Date: (31st March, 2 April, 6 April, 25 April, 2020)

1. Distribution of food packets: UBA cell (Faculty members and students of the University) distributed packed food material and necessary items to 45 households. The distributed material included (Rice, Wheat, cooking oil, Pulses, Soap and face mask).

31st March, 2020

- Amidst the problems arising due to lockdown due to Covid 19 problem, the UBA team on 29 and 30 March, 2020 contacted each adopted village Pradhan telephonically to provide them the list of households which are at present in urgent need of support. On 30th March village Pradhan of adopted village Pokhari provided a list of 24 households which requires utmost support. In this regards UBA team of University interacted with SDM, Srinagar and requested the permission to visit the village and support the listed households in the village Pokhari.



- Image: Permission granted by district administration

After getting the permission from SDM, Srinagar Garhwal, Uttarakhand, 24 food packets were prepared with the support of financial contribution by UBA team members. On 31st March two members of UBA team, Dr. Prashant Kandari (Dy. Coordinator, UBA cell) and Shri Ashutosh Bahuguna (Member, UBA cell) visited the village and with the support of village Pradhan distributed packed food material and necessary items to the listed households. The distributed material included (Rice, Wheat, cooking oil, Pulses, Soap and face mask). The same list of households was submitted to SDM, Srinagar for further support in future.



Image: Distribution of food items in village Pokhari by UBA cell

- The UBA team of HNB Garhwal University apart from distribution of food items also shared the necessary steps with the villagers that each one should take for creating and maintaining hygiene and social distancing in the present scenario. The UBA cell is in constant touch with village representative of each adopted village for any further support and assistance.



Image: Distribution of food items in village Pokhari by UBA cell



Image: Media Coverage of UBA activity





Image: Distribution of food items in village Pokhari by UBA cell





- **Awareness Campaign and listing of immigrants:** UBA cell carried out awareness campaign related to Corona Pandemic, government advisory, precautions required, maintaining hygiene in village Pokhari, Kathud, Doab, Koti, Kaldhung through meeting with village *Pradhans* and regularly updated them with government advisory through Watsapp. UBA cell also requested all villages *Pradhan* to prepare a list of immigrants who have come in past in March and thereafter and to make sure that they strictly follow social distancing in village and at home.



- **Support to farmers of the adopted villages:** UBA cell through Watsapp regularly provide advisory to farmers with the help of Scientists of High Altitude Plant Physiology Research Centre (HAPPRC) of University. Scientist, HAPPRC visited villages with UBA cell to meet farmers and to help them through providing them necessary guidance in problems they are facing in present scenario.
- **Survey for checking and ensuring effective delivery of Government support:** UBA team conducted a survey of all villages (Meeting with *Pradhans* and senior villagers) to identify the delivery of Government support under Pradhan Mantri Garib Kalyan Yojana

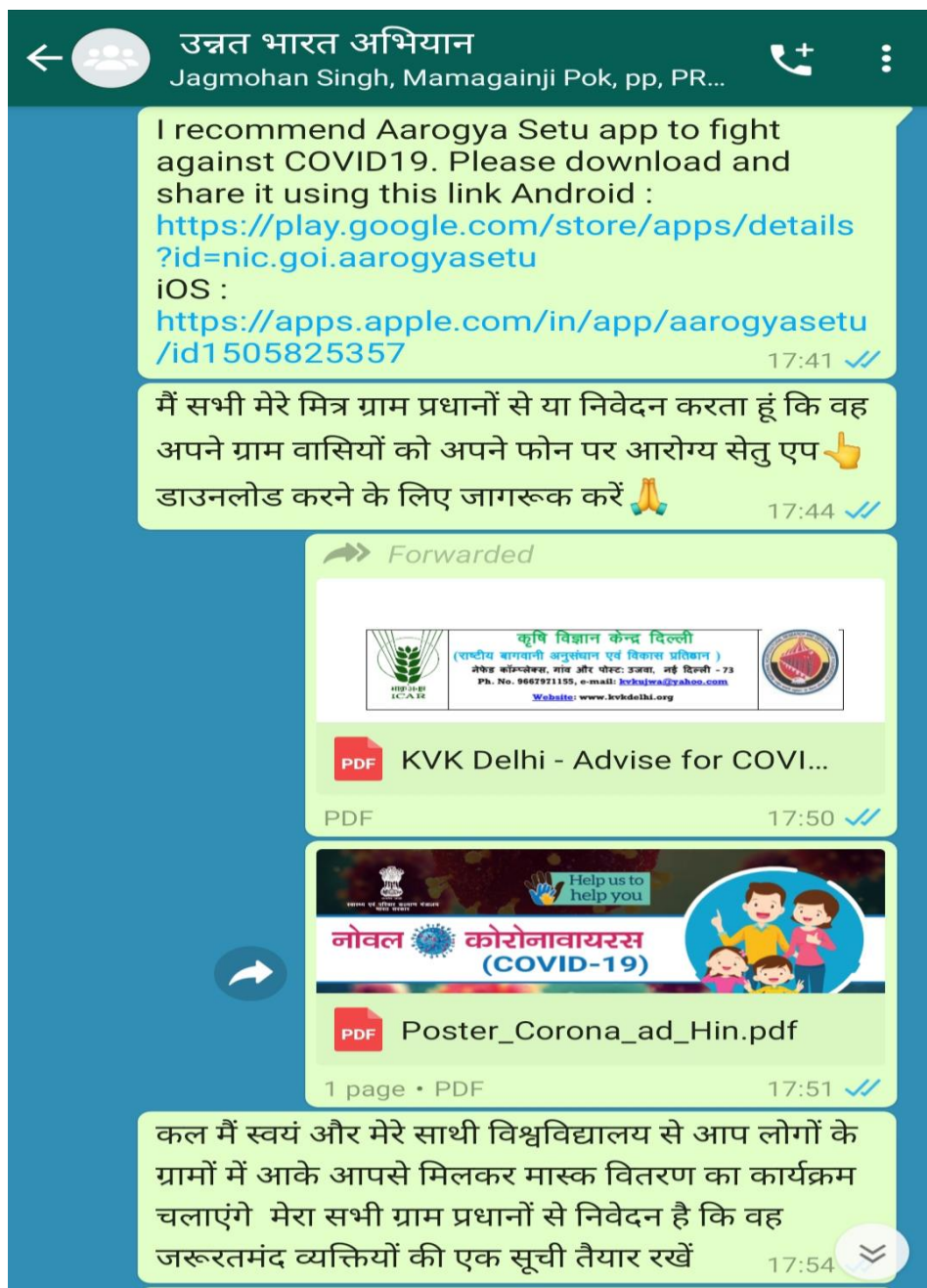


- **Distribution of Face mask:** After the government advisory of compulsorily wearing of face mask for all, UBA team distributed about 110 face mask to village Pradhans and villagers on 25th April, 2020. Further the UBA team motivated the villagers to make their own face masks and also motivated them to use them as soon as they step out of their homes. The villagers who are largely engaged in the agriculture activities were also motivated to use the face mask by sharing them the long term health benefits of wearing mask (Such as prevention of cough and other lungs related problems).





- **Ensuring downloading of Aarogya Setu app in smart phones of villagers:** UBA team prepared a video in Garhwali-(Local language) for villagers, requesting them to download Aarogya Setu app and to save themselves and other villagers in this fight against Corona.



Dr. Prashant Kandari
Dy, Coordinator, UBA cell,