

Dr. Aaradhana Bandhani

Assistant Professor

Department of Sociology & Social Work

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ACADEMIC QUALIFICATIONS:

- Ph.D. Sociology from H.N.B. Garhwal University (A Central University) (2013)
- UGC NET Qualified in Social Work. (2013)
- UGC NET Qualified in Sociology. (2014)
- UGC NET Qualified in Sociology. (2015)
- USET Qualified in Sociology. (2015)
- Master of Social Work from Himalayan Institute of Technology Dehradun. (Affiliated to H.N.B. Garhwal University) (2006)
- Master of Art in Sociology from Uttarakhand Open University (2016)
- B.Sc. from H.N.B. Garhwal University (2004)

Ph.D. RESEARCH TOPIC:

“Role Of Women Participation in The Health Sector with Special Reference to Their Socio-Economic Status, Women of Khirshu Block of Pauri Garhwal”

WORK EXPERIENCE:

CURRENT POST:

Working as Assistant Professor of Sociology at, S.R.T. Campus, Tehri, H.N.B. Garhwal Central University, Srinagar Garhwal, Uttarakhand

PREVIOUS POST:

- Worked as Assistant Professor of Sociology at SSHD Govt. Degree College Agrora, Dharmandal, Tehri.
- Guest Faculty in the Department of Sociology & Social Work at H.N.B.G.U. (A Central University), S.R.T. campus, Badsahithaul, Tehri. From August 2016 to May 2020.
- Medical Social Worker in Community Medicine / Preventive & Social Medicine Department at V.C.S.G. Govt. Medical College, Srinagar, Pauri Garhwal Uttarakhand. (On Contract) From 18th May 2009 to 22 August 2009.
- Medical Social Worker in Community Medicine/ Preventive & Social Medicine Department at SGRIM&HS, Patel Nagar, Dehradun from 18th January 2007 to 16th May 2009.

PAPERS PUBLISHED:

1. Amit Kumar Singh, **Aaradhana Bandhani**, et all. (2012). “Awareness of HIV/AIDS and Tuberculosis among women of hilly regions of Garhwal Uttarakhand”. Indian Journal of Maternal and Child Health, Vol 14 (2), 1-10, ISSN - 0970-8928

2. Singh Amit Kumar, **Bandhani Aaradhana**, Malik Nidhi, (2013). “Knowledge, Attitude, and Practice about Menstruation among Adolescent Females in Uttarakhand”. *Panacea Journal of Medical Science*, Volume 3(2); 19-22 ISSN (P) 2249-8176 ISSN (E) 2348-7682
3. Sumeet Dixit, Amit Kumar Singh, **Aaradhana Bandhani**, (2014). “Quantum and Pattern of Intimate Partner Violence: An epidemiological study in a tertiary care hospital of Srinagar, Uttarakhand”. *Indian Journal of Community Health*. Volume 26 (2); 150-154 ISSN (P) 0971-7587 ISSN (E) 4248-9509
4. Dr. Geetali Padiyar, **Dr. Aaradhana Bandhani**, (2014). “A Study on Knowledge of Child Health and Nutritional Aspect Among Rural Women in Garhwal Region of Uttarakhand”. *International Research Journal of Human Resources and Social Sciences*, Volume 1(3); 1-6 ISSN (P) 2394-4218 ISSN (E) 2349-4085
5. K.K. Bangwal, **Dr. Aaradhana Bandhani**, et all (2018). “Knowledge of Disasters Risk Reduction among the People of Garhwal Uttarakhand”. *Remarking an Analisation VOL-3 ISSUE-9(Part-2)*
6. **Aaradhana Bandhani**, et al. (2019) “Perception About Marriage Among Under Graduate Students of Tehri, Uttarakhand”. *International Journal of Research and Analytical Reviews*, Volume 2(6); 1-6 ISSN (P) 2348-1269 ISSN (E) 2348-1269
7. **Dr. Aaradhana Bandhani**, et al. (2019) “Oral Hygiene Knowledge and Practice Among School Children in Rural Areas Of Uttarakhand”. *International Journal of Research and Analytical Reviews*, Volume 2(6); 1-6 ISSN (P) 2348-1269 ISSN (E) 2348-1269
8. **Aaradhana Bandhani**, et al. (2019) “Prevalence of Intimate Partner Violence against Women: In Reference to Uttarakhand”. *International Journal of Research and Analytical Reviews*, Volume 2(6); 1-6 ISSN (P) 2348-1269 ISSN (E) 2348-1269
9. Ruchita Dixit, **Aaradhana Bandhani**, (2019) “Contraceptive knowledge, practices among women in Garhwal region”. *International Journal of Community Medicine and Public Health*, Vol6(2); ISSN (P) 2394-6032 ISSN (E) 2394-6032
10. Ruchita Dixit, **Aaradhana Bandhani**, (2019), “Women’s knowledge and practice regarding primary health care services in Garhwal region of Uttarakhand,” *International Journal of Community Medicine and Public Health*, Volume Vol 6(1); ISSN (P) 2394-6032 ISSN (E) 2394-6032
11. **Dr. Aaradhana Bandhani**, (2021) “Women’s participation in Environmental Conservation”. *Sodh Sanchar Bulletin, An International Bilingual Peer Reviewed Refereed Research Journal* Vol 11 (42); ISSN - 2229-3620
12. Dr. Aaradhana Bandhani, Dr. Prem Bahadur, et all. (2021) “An Investigation of Menstrual Practices, Beliefs, And Taboos in Rural and Urban India: Cultural, Social, And Religious Factors Influencing Women's Physical and Mental Health”. *International Journal of Early Childhood Special Education*, ISSN: 1308-5581, Vol 13, Issue 02, Pages: 2104-2112
13. **Aaradhana Bandhani**, (2023) “Women Entrepreneurs in Uttarakhand and Their Contribution to Society” *Journal Global Values*, Vol. XIV, Special Issue, April Part-1, 2023, ISSN: (P) 0976-9447, (e) 2454-8391

BOOK CHAPTER

“Role of Women in Environmental Conservation”. Climate Change, Water Availability, and Food Security: Impacts & Sustainable Management. (2021) ISBN NO. – 9789354269981

WORKSHOPS/CONFERENCE/SEMINARS ATTENDED/PAPER PRESENTED:

1. Attended workshop on “Statistics for Medical Research”, VCSG Govt. Medical College, Srinagar (G) Uttarakhand.
2. Attended workshop on “Health Promotion and Psychosocial Counseling in Disaster Management”, 08 Aug 2013 at VCSG Govt. Medical College, Srinagar (G), Uttarakhand.
3. Attended a National Workshop on “Analysis of Official Statistics Using SPSS” from 18 Feb 2015 to 20 Feb 2015 at H.N.B.G.U. (A Central University), Srinagar (G) Uttarakhand.
4. Presented a Research paper entitled “Knowledge and Participation Regarding Family Planning Methods among Women in Garhwal Region” at the National Seminar on “Rural Development through MNREGA: Issues and challenges” at B.S.M. P.G. College Roorkee on 17 September 2016.
5. Presented a Research paper entitled “Knowledge Regarding Janani Suraksha Yojana among Women in Garhwal Region of Uttarakhand” at the International Seminar on “The Himalayan Challenge: Towards Interdisciplinary Dialogues for Sustainability and Development”, from Nov 29, 2017, to 01 Dec 2017 at Doon University Dehradun.
6. Presented a Research paper entitled “Women’s knowledge and practice regarding primary health care services in Garhwal region of Uttarakhand,” at the National Seminar on “Rural Development through MNREGA: Issues and challenges”, organized by B.S.M. P.G. College Roorkee, from 23 to 24 February 2018.
7. Presented a Research paper entitled “Awareness and Practice Regarding Environmental Conservation Among Women in Garhwal Himalayas” at the International Seminar on “Climate Change and Disaster Risk Reduction”, from 26 to 28 Oct 2018 at S.R.T Campus of H.N.B.G.U. (A Central University), Srinagar(G) Badshahi Thaul, Tehri.
8. Attended a one-day training program on “Human Rights” sponsored by NHRC New Delhi, on 18 Feb 2020 at S.R.T Campus of H.N.B.G.U. (A Central University), Srinagar(G) Badshahi Thaul, Tehri
9. Attended a National Virtual Conference On “Reverse Migration: An Effort to Rebloom the Villages in The Wake of The Pandemic”, from 28 to 29 July 2021 organized by Government PG College Bageshwar and Government Degree College Tyuni (Dehradun).
10. Presented a Research paper entitled “Participatory Forest Management in the State of Uttarakhand”, at the National Conference on “Conservation and Sustainable Development of Himalayan Wetlands”, from September 24 to 25, 2021 at Govt. P.G. College New Tehri.

11. Presented a Research paper entitled “Social Ecology and its Importance,” at National Seminar on “Biodiversity and Environmental Governance in India: Safeguarding Ecosystem for Human Welfare”, on 23 Oct 2021 at Chaman Lal Mahavidhalya Landhaura Haridwar.
12. Attended a one-day online training program on “IPR awareness/training program” under the special mission called “National Intellectual Property Awareness Mission (NIPAM) on 4 August 2022.
13. Presented a Research paper entitled “Women entrepreneurs in Uttarakhand and their contribution to Society,” at National Seminar on “Youth Empowerment Through Entrepreneurship and Skill Development”, November 25-26, 2022 at Govt. Degree College Narender Nagar, Tehri Garhwal.
14. Participated in the Online International Conference on Sociology in South Asia, 28-29 November 2023, organized by the South Asian Sociological Society.
15. Presented a Research paper entitled, “The Role of Women in Traditional Knowledge Systems” at the National Seminar on Various Dimensions of Social, Cultural and Artistic Development of the Tribes of Uttarakhand, December 1-2, 2023 at Harsh Vidya Mandir (PG) College Raisi, Haridwar Uttarakhand.

PROFESSIONAL DEVELOPMENT PROGRAM

1. One-Week Online Faculty Development Programme on “Imparting Online Teaching-Learning Methodology” organized by E&ICT Academy Indian Institute of Technology Guwahati. (27 January 2021 to 03 February 2021 with A+ Grade).
2. One-week “Orientation program for NSS program Officers” organized by ETI, NSS, Gurukula Kangri University, Haridwar. (8 March 2021 to 14 March 2021).
3. One-month faculty induction/ Orientation program from Teaching and Learning Center, Ramanujan College New Delhi, University of Delhi. (16 April 2021 to 15 May 2021 with A+ Grade).
4. Two-week interdisciplinary refresher course in “Advanced Research Methodology” Organized by Ramanujan College New Delhi, University of Delhi. (22 May – 05 June 2022 with A+ Grade).
5. Attended a one-day online training program on “IPR awareness/training program” under the special mission called “National Intellectual Property Awareness Mission (NIPAM) on 4 August 2022.
6. Short-term UGC-approved professional development program on “Implementation of NEP-2020 for University and College Teachers” Organized by Staff Training and Research Institute of Distance Education, IGNOU. (27 October – 05 November 2022 with A+ Grade).

ACADEMIC MEMBERSHIP

- Life member of Indian Sociological Society.