Dr. Ritu Mishra Assistant Professor Department of Sociology and Social Work Hemvati Nandan Bahuguna Garhwal University, Srinagar (A Central University) Mobile No: +917417541000 Email: ritu hnbguHgmail.com



Dr Ritu Mishra is an accomplished academician with over a decade of research experience. Her expertise lies in project management, monitoring and evaluation, research design, developing tools for data collection, data analysis and report writing in the areas of Women empowerment, Information and telecommunication, Human rights, health; education; and policy analysis,

On educational front, she holds Post-Doctoral from Indian Council of Social Science Research, New Delhi; A Ph.D. degree in Women empowerment through Information and Teli-communication, from Mahatma Gandhi Kashi Vidya Pith Varanasi; Uttar Pradesh. and Post Graduation in Social Work from (The University of Lucknow), India.

# **Educational qualification:**

: [Mahatma Gandhi Kashi Vidya Pith. Varanasi in 2019]. Ph.D.

M.S. W : [University of Lucknow, Lucknow in 2010].

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: [University of Lucknow, Lucknow in 2008].

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: [K.V.A.M.C Lucknow in 2005].

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HIGH : [K.V. CANTT, Lucknow in 2002].

SCHOOL

#### Work experiences Teaching:

2019-18	: Assistant Professor (Subject expert), Department of Social work, University of Lucknow.  Teaching subjects: Social Work, Research Methodology, Criminology.
2012-10	: <b>Student Counsellor</b> / Shree Ramswaroop Memorial Public School (Boarding), Lucknow (U P) Counselling Areas: academic, persona social, helping students to resolve emotional, social or behavioral problems and help them develop a clearer focus or sense of direction.
2010-08	: Worked (part-time) with a Di-Addiction treatment cum rehabilitation Centre at Disha-Di addiction Center, Lucknow.  Working area: Identification of addicts, motivational counselling, recreational activities for the patients, vocational rehabilitation, after care and re- integration into the social mainstream and preventive education,

### Paper publications:

- : "A Critical Investigation in Analysing the factors influencing the empowerment of rural women through sustainable education for accelerating sustainable goals" ISSN 0971-3034 The Indian Journal of Technical Education a Peer reviewed UGC care listed Journal.
- "Challenges in Attaining Health and Well-Being for Women: A Human rights Perspective". in Journal of Research Administration; Vol.5, No.2. 2023. A Scopus indexed Journal.
- Impact Assessment of Microfinance on Women Empowerment Through Sustainable Development Goals. IJFANS INTERNATIONAL JOURNAL OF FOOD AND NUTRITIONAL SCIENCES ISSN PRINT 2319 1775 Online 2320 7876. A Peer reviewed UGC Care List Journal.

- The Role ICT can play in Women Empowerment in India". Abhivyakti an International referred research journal.
- o Globalization and diffusion of cultures: 'A case study of social change in India,' (Sodha Mimamsa) an International refereed research journal.

### **Paper Presentation:**

- Paper Presentation on Health and Well-Being for Women: A Human rights Perspective". in the 3<sup>rd</sup>
   International Conference on Health for all: Role of Yoga, Ayurveda and Social Work in Department of Social Work, University of Lucknow.
- Paper Presentation in International Seminar on Social Institutions: Challenges and Solutions held at Mahatma Gandhi Kashi Vidya Pith. Varanasi. On Globalization and Diffusion of Cultures: "A Case Study of Social Change in India".
- Paper Presentation on Poverty among Women in Eastern Uttar-Pradesh: A Socio-Economic Approach; in a two- day National Conference on the theme of Poverty Alleviation: Policies Programme and Achievement.
- o Paper Presentation in National Seminar on "Problem of Gender Sensitivity in Educational Institutions and Social Work Stipulation: Teachers for Gender Equality" held at University of Lucknow.
- Paper Presentation in National Seminar on "Sanitation issues and Importance through Information and Communication Technology". Held at University of Lucknow.
- Paper Presentation in 2<sup>nd</sup> Social Work Congress held at Mahatma Gandhi Kashi Vidya Pith on "The Role ICT can Play in Women Empowerment.

## Workshops, Conferences and Seminars:

- Participated in Malaviya Mission Teacher Training Centre (MMTTC) HNBGU, the faculty Induction Program, 21 Aug- 19 Sep2024.
- o Participated in Malaviya Mission Teacher Training Centre (MMTTC) HNBGU, the NEP Orientation and Sensitization Program. July22 July 31, 2024.
- o Participated in five days certificate program "Human Rights and Policing" organized by Rastriya Raksha University Pasighat Campus A.P, from 27<sup>th</sup> May 2024 to 31<sup>st</sup> May 2024.
- Participated in workshop on "Securing research funding, proposal writing, IPR and other related issues' held, organized by Research Development Cell and Institution Innovation Council, HNBGU, Srinagar, 11-12 December 2023.
- Certification in Rights Advocates Youth Leadership Program organized by Breakthrough onHuman Rights,
   Gender, Sexuality and HIV/AIDS Awareness in year 2009.

### Books:

o Modern Theories in Social Work. ISBN: - 978-93-6175-238-4. (Dr Ritu Mishra & Dr Aparajita Upadhyay).

### **Awards and Grants:**

 Recipient of Post Doctoral fellowship from Indian Council of Social Science Research New Delhi.

Research Topic: An Awareness study of Women Human Rights in selected districted of U.P

## Memberships:

- o In Proctorial Board as Assistant Proctor.
- Member of IIC (Institution's Innovation Council) in HNBGU

## Languages known:

o English, Hindi.