

**Dr. Ritu Mishra**  
 Assistant Professor  
 Department of Sociology and Social Work  
 Hemvati Nandan Bahuguna Garhwal University,  
 Srinagar (A Central University)  
 Mobile No: +917417541000  
 Email: ritu.hnbgu@gmail.com



Dr Ritu Mishra is an accomplished academicians with over a decade of research experience. Her expertise lies in project management, monitoring and evaluation, research design, developing tools for data collection, data analysis and report writing in the areas of Women empowerment, Information and telecommunication, Human rights, health; education; and policy analysis.

On educational front, she holds Post-Doctoral from Indian Council of Social Science Research, New Delhi; A Ph.D. degree in Women empowerment through Information and Teli-communication, from Mahatma Gandhi Kashi Vidya Pith Varanasi; Uttar Pradesh. and Post-Graduation in Social Work from (The University of Lucknow), India.

#### Educational qualification

- 2021-19 : PDF from Indian Council of Social Science Research New Delhi.  
 : Qualified UGC-NET in Social Work in 2014.
- 2019-12: : Ph.D. In social work, from Department of Social work, Mahatma Gandhi Kashi Vidya Pith, Varanasi.
- 2010-08: : (MSW) from Department of Social Work, University of Lucknow.
- 2008-05: : B.A. (Social Work, English) University of Lucknow

#### Work experience: Teaching

- 2019-18: : **Assistant Professor (Guest)/** Department of Social work, University of Lucknow.  
 Teaching subjects:  
 (Social Work, Research Methodology, Criminology).
- 2012-10: : **Student Counsellor/** Shree Ramswaroop Memorial Public School (Boarding), Lucknow (U.P)  
 Counselling Areas: academic, personal/social, helping students to resolve emotional, social or behavioural problems and help them develop a clearer focus or sense of direction.
- 2010-08: : Worked (part-time) with a Di-Addiction treatment cum rehabilitation centre at Disha-Di addiction centre Lucknow.  
 Working area: Identification of addicts, motivational counselling, recreational activities for the patients, vocational rehabilitation, after care and re- integration into the social mainstream and preventive education.

#### Paper publications

- : The Role ICT can play in Women Empowerment in India". Abhivyakti an International referred research journal.
- : Globalization and diffusion of cultures: "A Case study of social change in India." (SODHA



MIMAMSA) an International referred research journal.

### Paper presentations and Conferences

- : Paper presentation in International Seminar on Social Institutions: Challenges and Solution. Held at Mahatma Gandhi Kashi Vidya Pith. Varanasi (U. P). On **Globalization and diffusion of cultures: “A Case study of social change in India.”**
- : Paper presentation on Challenges in attaining health and wellbeing for Women: “A human right perspective”. In the 3<sup>rd</sup> International Conference on Health for all: Role of Yoga, Ayurveda and Social Work.
- : Paper presentation on Poverty among Women in Eastern Uttar Pradesh: A Socio- Economic Approach; in a two-day National Conference on the theme “POVERTY ALLEVIATION: POLICIES PROGRAMME AND ACHIEVEMENT”
- : Paper presentation in National Seminar on “**Problem of Gender sensitivity in Educational institutions and Social Work Stipulation: Teachers for Gender Equality**”. Held at University of Lucknow, Lucknow (U.P).
- : Paper Presentation on **Promotion of Gender Equality and Health of Women through ICT: A Social Work Perspective**. In Mahatma Gandhi Kashi Vidya Pith, Varanasi.
- : Paper presentation in National Seminar on ‘**Sanitation: Issues and Importance through Information and Communication Technology**’, Held at University of Lucknow (U.P).
- : Paper presentation in 4<sup>th</sup> Indian National Social Work Congress, 2016 Varanasi on “**The Role ICT can play in Women Empowerment in India**”.

### Workshops

- : Active participation in two days’ workshop on “Securing Funding: Proposal writing, IPR and other Related Issues” organized by Research development cell (RDC) and Institution’s Innovation Council (IIC), HNBGU from 11- 12 Dec 2023.
- : Active participation in **Urban Earthquake Control Program** from U.N.D.P. Disaster Management Program from on 05th Nov.2008.
- : Certification in Rights Advocates Youth Leadership Program organized by **Breakthrough** on Human Rights, Gender, Sexuality and HIV/AIDS Awareness in year 2009.
- : Have done **Workshop in Integrated Disability Issues in Disaster Management** at UPPAM.
- : First prize in seminar on **Global Warming** held at department of Geography University of Luckow.

### Awards and grants

- Recipient of Post Doctoral fellowship from Indian Council of Social Science Research New Delhi.
- Research Topic: An Awareness study of Women Human Rights in selected districted of U.P

### Languages

- English, Hindi and Awadhi.