

**Syllabus for Four-Year Under Graduate
Program (FYUP) Under NEP 2020**

**Department of Sociology and Social Work
School of Humanities and Social Sciences
H.N.B. Garhwal Central University
Srinagar (Garhwal)**

Approved through

**Board of Studies convened
on 25th & 26th July, 2025**

**(For U.G. 4 Year Programme: Sociology
Honours/Honours with Research)**

w.e.f. Academic Session 2025-26

**HNB Garhwal University (A Central University)
Srinagar Garhwal, Uttarakhand**

U.G. Course Structure for Sociology (Four-Year Undergraduate Program)

**Department of Sociology and Social Work
School of Humanities and Social Sciences
H.N.B. Garhwal University, Srinagar Garhwal**

First Year (NHEQF Level-4.5)

Course Category	Semester-I			Semester-II		
	Course Title (Course Code)	No. of Paper	Credits	Course Title (Course Code)	No. of Paper	Credits
Discipline Specific Core (DSC)	Basic Sociological Concept (SO/DSC/001)	1	4	Indian Society (SO/DSC/002)	1	4
	DSC-II (Other Subject)	1	4	DSC-II (Other Subject)	1	4
MD/ ID (Subject- 1)	Introduction to Sociology (SO/MD/ID/001)	1	4	Indian Culture (SO/MD/ID/002)	1	4
MD/ ID (Subject- II)	MD-II/ ID-II (Syllabus to be prepared by the university)	1	4	MD-II/ ID-II (Syllabus to be prepared by the university)	1	4
SEC	Basic Concepts of Social Research (SO/SEC/001)	1	2	Methods and Techniques of Social Research (SO/SEC/002)	1	2
VAC	Life Skills & Personality Development (Syllabus to be prepared by the university)	1	2	Understanding and Connecting with Environment (Syllabus to be prepared by the university)	1	2

B.A. (Program) First Year, Semester-1

Discipline-Specific Core- 1 (4 Credits)

CERTIFICATE PROGRAMME	
B.A. Sociology 1 st Year, 1 st Semester	
Course Type	Discipline-Specific Core- 1 (4 Credits)
Paper Name:	Basic Sociological Concept
Units	Topics
Unit I	Origin and Development of Sociology, Definition, Nature and Scope and Subject Matter of Sociology.
Unit II	Relationships of Sociology with other Social Sciences: Anthropology, Psychology, History, Political Science and Economics.
Unit III	Sociological Concepts: Society, Community, Association and Institution Social Processes: Associative- Co-operation, Accommodation, Assimilation. Dissociative- Conflict, Competition.
Unit IV	Socialization: Meaning, Stages & Agencies of Socialization. Social Groups and it's types, Status and Role. Social Control: Meaning, Types and Agencies
Teaching Learning Process: Lectures and Tutorial	
Course Outcome: This course provides an engaging introduction to the discipline of sociology, exploring its foundational concepts, core definitions, and key terminology. Students will know the history of sociology while examining essential concepts and pressing societal issues that shape the field. Through this exploration, students will gain a deeper understanding of how sociology seeks to uncover the complexities of human behavior, social structures, and cultural dynamics within various contexts.	

Suggested Reading:

Giddens, A. (2006). '*Sociology*', (5th ed.), London: Oxford University Press. Beattie, J. (1951). '*Other Cultures*', New York: The Free Press.

Bierstedt, R. (1974). '*The Social Order*', New York: McGraw Hill.

Linton, R. (1936). '*The Study of Man*', New York: Appleton Century Crofts.

Horton, P.B. and C.L. Hunt. (1985). '*Sociology*', New York: McGraw Hill.

Radcliffe-Brown, A.R. (1976). '*Structure and Function in Primitive Society*', London: Cohen and West.

Worsley, Peter. (1987). '*The New Introducing Sociology*', Penguin Books Publication, England.

Atal, Yogesh. (2012). '*Sociology: A Study of the Social Sphere*', Pearson Publication, Delhi.

Nagla, B.K. and Sheobahal Singh. (2019). '*Introducing Sociology*', Rawat Publications, Jaipur.

सिंह, जे०पी० (2011), 'समाजशास्त्र के मूलतत्त्व PHI Learning Private Limited. New Delhi.

B.A. (Program) First Year, Semester-1

Multidisciplinary/Interdisciplinary (4 Credits)

CERTIFICATE PROGRAMME	
B.A. Sociology 1 st Year, 1 st Semester	
Course Type	Multidisciplinary/Interdisciplinary (4 Credits)
Paper Name:	Introduction to Sociology
Units	Topics
Unit I	Sociology Origin and Development, Definition, Nature and Scope and Subject Matter of Sociology.
Unit II	Basic Concepts of Sociology: Society, Socialization, Culture, Social Groups, Status and Role.
Unit III	Social Processes: Associative- Co-operation, Accommodation, Assimilation. Dissociative- Conflict, Competition.
Unit IV	Social Ecology (Rural Life and Urban Life).
Teaching Learning Process: Lectures and Tutorial	
Course Outcome: This Course aims at the understanding of Sociology with its background of emergence as a discipline in the West and in India. Students will also be acquainted with the basic concepts of sociology, along with its position in social science	

Suggested Reading:

- Berger, Peter (1963). *'Invitation to Sociology: A Humanistic Perspective'*, New York, Doubleday.
- Bottomore, T.B.(1972). *'Sociology–A Guide to problems and Literature'*, Bombay: George Allen and Unwin.
- Davis, Kingsley (1981). *'Human Society'*, New Delhi: Surjeet Publications.
- Giddens, Anthony (1989). *'Sociology'*, Oxford University: Polity Press.
- Harlambos, M. (1998). *'Sociology–Themes and Perspectives'*, New Delhi: Oxford University Press.
- Inkeles, Alex (1987). *'What is Sociology?'* New Delhi: Prentice Hall.
- Jayaram, N. (1988). *'Introductory Sociology'*, Madras: McMillan India.
- Johnson Harry M. (1995). *'Sociology–A Systematic Introduction'*, New Delhi: Allied Publishers.
- Maclver, R.M. and H. Page (1974). *'Society–An Introductory Analysis'*, New Delhi: McMillan.
- Smelser, N.J. (1993). *'Sociology'*, New Delhi, Prentice Hall of India.

B.A. (Program) First Year, Semester-1

Skill Enhancement Courses (2 Credits Per Course)

CERTIFICATE PROGRAMME	
B.A. Sociology 1 st Year, 1 st Semester	
Course Type	Skill Enhancement Courses (2 Credits)
Paper Name:	Basic Concept of Social Research
Units	Topics
Unit I	Social Research: Meaning and Definition, Objectives and Importance of Social Research
Unit II	Scientific Method: Steps of the Scientific Method in Social Research
Unit III	Types of Social Research: Descriptive research, Exploratory research, Explanatory research, Experimental research
Courses Outcome This program is designed to help students gain a better understanding of social research methods. Students will learn the fundamental concepts and essential steps required to conduct research. By the end of the course, they will possess the skills necessary to effectively engage in the research process.	

Suggested Reading:

Ahuja, Ram (2001), Research Methods, Delhi: Rawat Publications.
Bailey, Kenneth D. (1982), Method of Social Research, New York: The Free Press, Second Edition.
Blalock, Hubert M. (1970), Social Statistics. New York: Tata Mc-Graw-Hill.
Champion, Dean. J. (1981), Basic Statistics for Social Research New Delhi: Macmillan Publishing New York.
Dooley, David (1998), Social Research Methods, Prentice-Hall of India, New Delhi.
Goode, W.J. and Hatt. P.K. (1952), Methods in Social Research, New York: McGraw International Students Edition.
Moser, S.C. and G. Kalton (1971), Survey Methods in Social Investigation, London: Heinmann.
Thakur, Devender (2003), Research Methodology in Social Science, New Delhi: Deep and Deep Publications Pvt. Ltd.
Wilkinson, T.S. and Bhandarkar, P.L. (1984), Methodology & Techniques of Social Research, Bombay, Himalaya Publishing House.
Young, P.V. (1988), Scientific Social Surveys and Research, New Delhi Prentice Hall.

B.A. (Program) First Year, Semester-2

Discipline-Specific Core- 1 (4 Credits)

CERTIFICATE PROGRAMME	
B.A. Sociology 1 st Year, 2 nd Semester	
Course Type	Discipline-Specific Core- 1 (4 Credits)
Paper Name:	Indian Society
Units	Topics
Unit I	India as a Plural Society, Unity and Diversity
Unit II	Social Institutions and Practices - Caste, Class and Religion Village Panchayat. Cast Panchayat, Rural Ecology and Economy
Unit III	Family, Marriage and Kinship, Recent Trends in Marriage and Family
Unit IV	Traditional Basis of Indian Society: Varna, Ashram, Purusharth and Sanskar Vyavastha in Indian society.
Teaching Learning Process: Lectures and Tutorial	
Core Courses Outcome The students will be able to understand the Indian society, it's traditional basis and social institutions. The main objective is to encourage students to view the Indian societal reality through the sociological perspective.	

Suggested Reading:

Berger, Peter (1963). *Invitation to Sociology: A Humanistic Perspective*, New York, Doubleday.

Bottomore, T.B. (1972). *Sociology—A Guide to problems and Literature*, Bombay: George Allen and Unwin.

Davis, Kingsley (1981). *Human Society*, New Delhi: Surjeet Publications.

Giddens, Anthony (1989). *Sociology*, Oxford University: Polity Press.

Harlambos, M. (1998). *Sociology—Themes and Perspectives*, New Delhi: Oxford University Press.

Inkeles, Alex (1987). *What is Sociology?* New Delhi: Prentice Hall.

B.A. (Program) First Year, Semester-2

Multidisciplinary/Interdisciplinary (4 Credits)

CERTIFICATE PROGRAMME	
B.A. Sociology 1 st Year, 2 nd Semester	
Course Type	Multidisciplinary/Interdisciplinary (4 Credits)
Paper Name:	Indian Culture
Units	Topics
Unit I	Unity and Diversity-India as a Plural Society
Unit II	Social Institutions: Caste, Class and Religion, Caste Panchayat and Village Panchayat.
Unit III	Marriage, Family and Kinship. Recent Trends in Marriage and Family
Unit IV	Rural Ecology and Livelihood, Globalization and its impact on Indian Society.
Teaching Learning Process: Lectures and Tutorial	
Course Outcome The student will gain a deep understanding of Indian culture as a vibrant and pluralistic society, rich in diversity and traditions. Additionally, they will explore the dynamics of social institutions. Students will learn about the various aspects of livelihood that sustain rural communities. This holistic approach will provide them with valuable insights into the cultural and environmental factors that shape rural life in India.	

Suggested Reading:

Beattie, John (1964), Other Cultures: Aims, Methods and Achievements in Anthropology, London: R.K.P.

Beteille (1974), Six Essays in Comparative Sociology, New Delhi: OUP.

Fox, Robn (1973), Encounter with Anthropology, England: Penguin Books Ltd.

Godelier, Maurice (1973), Perspectives in Marxist Anthropology, London: Cambridge University Press.

Harris, Marvin (1972), The Rise of Anthropology, London: Routledge and Kegan Paul.

Keesing, Roger, M. (1976), Cultural Anthropology: A Contemporary Perspective, America: Holt Remmhart and Winston.

Kuper, Adam (1977), Social Anthropology of Redcliff Brown, London: Routledge and Kegan Paul.

Madan, T.N. and D.N. Majumdar (1980), An Introduction to Social Anthropology, Delhi: Asia Publishing House.

Mandelbaum, D.G. (1974), Society in India, Bombay Popular Prakash an.

Manners and Kaplan (1968), Theories in Anthropology, Chicago Aldine Publishing Co.

Pritchard, Evans (1972), Social Anthropology, London: Routledge and Kegan Paul.

B.A. (Program) First Year, Semester-2

Skill Enhancement Courses (2 Credits Per Course)

CERTIFICATE PROGRAMME	
B.A. Sociology 1 st Year, 2 nd Semester	
Course Type	Skill Enhancement Courses (2 Credits)
Paper Name:	Methods and Techniques of Social Research
Units	Topics
Unit I	Hypothesis: Meaning And Definition of Hypothesis, Sources of Hypothesis Types Of Hypotheses, Characteristics of A Good Hypothesis, Significance and Importance of a Hypothesis
Unit II	Sampling Technique: Types of sampling, Sources of Data: Primary and Secondary
Unit III	Techniques of Data Collection: Interview Schedule, Questionnaire and Observation.
Courses Outcome Students will gain a comprehensive understanding of sampling methods, equipping them with the skills to select representative samples and enhance the reliability of their research findings. Additionally, they will explore the various techniques for effective data collection. This course will provide a foundation for conducting meaningful sociological inquiries.	

Suggested Reading:

- Ahuja, Ram (2001), Research Methods, Delhi: Rawat Publications.
- Bailey, Kenneth D. (1982), Method of Social Research, New York: The Free Press, Second Edition.
- Blalock, Hubert M. (1970), Social Statistics. New York: Tata Mc-Graw-Hill.
- Champion, Dean. J. (1981), Basic Statistics for Social Research New Delhi: Macmillan Publishing New York.
- Dooley, David (1998), Social Research Methods, Prentic-Hall of India, New Delhi.
- Gupta, S.P. (2002), Statistical Methods, New Delhi: Sultan Chand and Sons Publication.
- Kothari, C.R. (1988), Research Methodology, Willey Publishers, New Delhi.
- Moser, S.C. and G. Kalton (1971), Survey Methods in Social Investigation, London: Heinmann.
- Seltiz, Claire et al (1959), Research Methods in Social Relation, New York: Henry Holt and Co.
- Srinivas, M.N. and A.M. Shah (1979), Fieldworker and The Field, New Delhi: Oxford University Press.
- Young, P.V. (1988), Scientific Social Surveys and Research, New Delhi Prentice Hall.